

Welcome

The aims Allied Health Professions Clinical Insights Programme

To help you understand the range of careers that are possible and the many routes to achieving these. To help you understand more about different allied health professional (AHP) careers, specifically dietetics, occupational therapy, physiotherapy, and speech and language therapy. To give you a greater knowledge about the types of work we do, and the places we can work. To help you understand the range of health issues, illness and disability we come across. To give you insight into what its like to study these subjects at university.



Clinical Insights



**2020
Allied Health Professionals
February 17-21**

Inspiring Futures

2020 Clinical Insights Schedule

What is an Allied Health Professional (AHP)?

AHPs are made up of 14 distinct occupations. AHPs are Dietitians, Occupational Therapists, Physiotherapists, and Speech and Language Therapists. There are also support staff who work with AHPs. They are a vital and integral part of delivering services, such as Health instructors, Therapy Assistants or Activity Workers. AHPs apply their expertise to assess, diagnose, treat and rehabilitate people. They may provide advice, rehabilitation, treatment, diagnostics or health improvement interventions that will develop, restore or maintain physical, sensory, psychological, cognitive and social functions.

Dietitians – assess, diagnose and treat dietary and nutritional problems at an individual and wider public health level, providing practical guidance to enable people to make appropriate lifestyle and food choices.

Occupational Therapists – assess physical, psychological and social function and use specific and purposeful occupation to reduce the impact of illness and disability to promote social inclusion and independence.

Physiotherapists – assess function and movement to maximise the potential of patients. They use physical approaches to promote, maintain and restore physical, psychological and social wellbeing.

Speech and Language Therapists – provide life-changing treatment, support and care for people who for physical, neurological or psychological reasons may have difficulties with communication, or with eating, drinking and swallowing.

	Morning 10.00 am—12.30pm		Afternoon 1pm—3pm
Monday 17 February EXETER	Welcome & Introductions Health & Safety Reflective Learning <i>(Vinnett Lynch)</i>	SHOBBROOK	What is Occupational Therapy? <i>(Gill Dalby)</i> Types of health issues? Specialist areas?
Tuesday 18 February SHOBBROOK	What is a Dietitian/ Speech & Language Therapist? <i>(Gill Dalby)</i> Types of health issues? Specialist areas?	SHOBBROOK	What is Physiotherapy? Types of health issues? <i>(Gill Dalby)</i> Specialist areas?
Wednesday 19 February TAVISTOCK	Recovery College <i>(Katherine Allen)</i> Introduction to mental health What is Recovery in mental health?	BUTTERLEIGH TEIGNMOUTH	Reflective Learning Feedback <i>(Vinnett Lynch)</i>
Thursday 20 February TAVISTOCK	Interview Techniques Training <i>(James Hart)</i> How to secure an interview What does the interviewer want?	TAVISTOCK	Interview Techniques Training <i>(James Hart)</i> How to answer questions successfully Practice interview skills
Friday 21 February BUTTERLEIGH	UNIVERSITY DAY Details to follow	BUTTERLEIGH	UNIVERSITY DAY Details to follow