Liaison psychiatry service

If you require translation services or a copy of this document in another language, audio tape, Braille or larger print, please contact bsmhft.commsteam@nhs.net or call 0121 301 1298.

Feedback

We welcome any suggestions you have, please send your comments, concern, compliments and complaints to:

Customer Relations:
Tel: 0800 953 0045
Email: bsmhft.customerrelations@nhs.net

Confidentiality

Information held by the service is treated in accordance with Birmingham and Solihull Mental Health NHS Foundation Trust's confidentiality policy, which is available at www.bsmhft.nhs.uk. Please contact us if you would like more information.

Further Information

For more information, please visit our website at www.bsmhft.nhs.uk

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What is the liaison psychiatry service?
Liaison psychiatry is a specialised mental health service provided by Birmingham and Solihull Mental Health NHS Foundation Trust (BSMHFT). We work in different hospitals to support patients during their assessment, diagnosis and treatment.

What does the service offer?
We offer a compassionate, person-centred and non-judgemental service to patients suffering from mental health problems aged 16 and over, who are attending A&E or are inpatients in hospital. We work with other services such as Change Grow Live (CGL) who are experienced at working with adults of all ages.

Why is mental health support important?
Mental health support is important because:
• 1 in 4 people will experience some form of mental health condition in their lifetime
• mental health disorders such as depression, anxiety, alcohol addiction and memory problems are very common in general hospitals. Research has shown that they are often not recognised or treated
• 2 in 3 older adults admitted to a general hospital have or may develop mental health issues during their admission
• untreated mental health issues can lead to longer hospital admissions and poorer overall physical health in hospital inpatients.

How can I access the service?
The hospital staff caring for you may feel that it would be helpful for you to be visited by a member of the team. They will usually discuss this with you first.

What happens after I am referred?
We will visit you to do an initial assessment. During this, we will discuss any concerns you have. You can also have a family member or carer with you for support.
Together we will work through what further help you may need and draw up a plan of care. This is the action plan attached to this leaflet.
We will also continue to offer support and advice to you and your medical team whilst you are in hospital. Where appropriate we may also arrange further support for when you are discharged from hospital.
We will inform your GP of the agreed action plan and speak to other healthcare professionals where appropriate and with your permission.

Who is the service run by?
The team is made up of nurses, psychiatrists and psychologists.

Helpful numbers and websites*
Citizen’s Advice Bureau
03444 111 444
www.citizensadvice.org.uk
National Debline
0808 808 4000
www.nationaldeblite.com
Reach Out Recovery – support for domestic abuse, homelessness and addiction
0121 227 5890
www.changegrowlive.org
www.aquarius.org.uk
Relate – the relationship people
0300 100 1234
www.relate.org.uk
FRANK – confidential drugs info and advice
0300 123 6600
www.talktofrank.com
Alzheimer’s Society
0300 222 1122
www.alzheimers.org.uk
Age UK
0800 055 6112
www.ageuk.org.uk

* The external organisations listed are independent of BSMHFT and are provided for information purposes only. BSMHFT will not be responsible for any advice or treatment provided by these organisations.

Carers Direct
0300 123 1053
www.nhs.uk/carersdirect
Samaritans – emotional support service
Freephone: 116 123
www.samaritans.org
MIND – mental health charity
0300 123 3393
www.mind.org.uk
CRUSE – bereavement care
0808 808 1677
www.cruse.org.uk
Shelter - Birmingham
0344 515 1800
www.englan.shelter.org.uk
Forward Thinking Birmingham
0300 300 0099
www.forwardthinkingbirmingham.org.uk
Sifa Fireside
0121 766 1700
Search for services across the West Midlands
Visit: www.the-waitingroom.org
Alternatively, scan the QR code on the right to search for the health and wellbeing services on your smart phone.
Leaflet 9 Partner zone is available on request from the liaison psychiatry service or can be downloaded from www.bsmhft.nhs.uk.