



**Birmingham and Solihull
Mental Health**
NHS Foundation Trust

Complex Treatment Service (CTS)
The Barberry Centre
25 Vincent Drive
Birmingham
B15 2FG
Tel: 0121 301 2280

Tuesday 24th March 2020

Private and Confidential

We are writing to update you following the most recent communication from the Government, to set out what this means for our service. Please do get in touch with us by email or telephone if you are unclear about any of the information included within this letter.

As a service we will be continuing to have contact with you and provide a service. We have a number of ways in which we can offer appointments, including over the telephone and by video call (through the use of accuRx). The person you usually meet with from the CTS will be in contact with you, if they haven't been already, to discuss how best to proceed in the current circumstances. We will work with you to accommodate your preferences and personal circumstances.

We are also available in the usual ways, over the telephone (0121 3012280) and email (bsmhft.cts.team@nhs.net). We continue to be contactable between the hours of 0900 and 1700, Monday to Friday.

As you are aware, if you need to contact someone out of our working hours, the following are 24-hour helplines:

- Mental Health Matters 0300 323 0139
- Combat Stress 0800 138 1619
- Samaritans 116 123

Please contact us if you have any queries,

Yours Sincerely,

Mark Woodhead
Team Manager, CTS

Dr Helen Brown
Clinical and Forensic Psychologist / Clinical Lead, CTS

On behalf of the Complex Treatment Service for Military Veterans

Chair: Sue Davis, CBE

Chief Executive: Roisin Fallon-Williams

Customer Relations Mon – Fri, 8am – 8pm Tel: 0800 953 0045 Text: 07985 883 509
Email: bsmhft.customerrelations@nhs.net Website: www.bsmhft.nhs.uk

