



Corporate psychology - The CPD Programme

Continuing professional development for IAPT and primary care professionals

Use or abuse?

Responding to substance use in primary care

2 March 2015

Content of the day

Alcohol and drug problems are common and highly prevalent in a range of health care settings. When they occur, these problems tend to affect the individual and also close family members and friends who are concerned about the person. Yet, paradoxically these problems often go undetected and responses are mostly lacking. Part of the difficulty lies in the poor identification of alcohol and drug problems in non-specialist health care settings, an issue sometimes compounded by the lack of confidence of professionals on how to decide and deliver the best response if a problem is uncovered. This workshop will explore a range of strategies from identification, assessment and brief intervention that can be used in a range of settings to respond to alcohol and drug problems. The emphasis will be in a psychological understanding of alcohol and drug problems and a range of psychological responses. In addition, the impact of these problems on families will be explored and a model developed to help family members affected will be introduced to participants. Family members affected commonly present with severe anxiety and depression problems. The workshop will aim to equip those attending with skills and knowledge to deliver support and or an appropriate response within their service settings. The workshop will include a mixture of didactic presentations, discussion and practical exercises. Practice examples on DVD will also be used during the workshop.

Presented by Professor Alex Copello

Professor of Addiction Research at The School of Psychology, University of Birmingham and Consultant Clinical Psychologist at Birmingham and Solihull Mental Health NHS Foundation Trust where he leads the addictions research and innovation programme. His career has combined clinical and academic work. His interests include the study of psychosocial approaches to addiction, the impact of addiction upon families and the development and evaluation of family and social network based interventions. Alex publishes regularly in scientific journals and has co-authored/edited: *Living with Drink: Women Who Live with Problem Drinkers* (1998); *Substance Misuse in Psychosis: Approaches to Treatment and Service Delivery* (2002) [Awarded a High Commendation in the 2003 British Medical Association book competition]; *Cognitive Behavioural Integrated Treatment* (2004), *Coping with Alcohol and Drug Problems* (2005) and *Social Behaviour and Network Therapy for Alcohol Problems* (2009) [Awarded a High Commendation in the 2010 BMA Book competition].



Only £130 including hot and cold buffet lunch and tea and coffee throughout the day.

9am – 4.30pm at The Studio, Cannon Street, Birmingham City Centre, B2 5EP.

For more information about the training workshops, or to book a place please email PGCertLIPI-CPDprog@bsmhft.nhs.uk or telephone Debbie Radford (Course Administrator) or Maria Ferrins-Brown (Course Lead) on 0121 301 1163.