

PERINATAL SPECIFIC INVOLVEMENT AND SUPPORT FOR PARTNERS / SIGNIFICANT OTHERS SPECIALISED COMMISSIONING MENTAL HEALTH (NOT MANDATORY)	
Indicator number	MH6 (Service specification reference: CO6)
Indicator name	Perinatal specific involvement and support for partners/significant others
Indicator weighting (% of CQUIN scheme available)	<commissioner to complete>
Description of indicator	This CQUIN requires providers to develop care plans to ensure that appropriate emotional, informational and practical support is offered to partners and significant others to robustly encourage their understanding and participation in the mother's treatment, care and recovery and to promote their bond with the infant.
Numerator	Not applicable
Denominator	Not applicable
Rationale for inclusion	<p>Postnatal psychiatric illness can be devastating, not only for the woman but also for her partner and family.</p> <p>Marital and family conflict and lack of spousal support have been implicated in the onset and maintenance of maternal mood disorders. Maternal postnatal depression has also been linked to increased levels of depression in men.</p> <p>The evidence supports the provision of support for partners and significant others as such support will likely have positive benefits for the partner, the couple and their relationship with the infant.</p>
Data source	Provider
Frequency of data collection	Quarterly
Organisation responsible for data collection	Provider
Frequency of reporting to commissioner	Quarterly
Baseline period/date	Not applicable
Baseline value	Not applicable
Final indicator period/date (on which payment is based)	Q4 2015/16

Final indicator value (payment threshold)	Not applicable
Rules for calculation of payment due at final indicator period/date (including evidence to be supplied to commissioner)	Provider to demonstrate to commissioner that payment milestones has been met
Final indicator reporting date	30 April 2016
Are there rules for any agreed in-year milestones that result in payment?	Yes – see below
Are there any rules for partial achievement of the indicator at the final indicator period/date?	No

Milestones

Date/period milestone relates to	Rules for achievement of milestones (including evidence to be supplied to commissioner)	Date milestone to be reported	Milestone weighting (% of CQUIN scheme available)
Quarter 1	<p>Services will have developed systems to record and evidence:</p> <ol style="list-style-type: none"> 1) The emotional, practical and informational support offered to all partners and significant others with the mothers consent. 2) The types of interventions offered from the following: <p><u>Group I – All partners & significant others should be:</u></p> <ul style="list-style-type: none"> • Seen within 1 week of admission by a senior clinician to discuss the mother's condition • Offered the opportunity to attend ward reviews and significant meetings • Informed that requests for additional discussions are welcomed • Informed of the joint activities that are available • Directed to the range of written and electronic information available. <p><u>Group II – Partners/significant others should be offered at least one of the following documented in care plan</u></p> <ul style="list-style-type: none"> • Partner support sessions • Family sessions • Couple sessions <p><u>Group III – at least one of the following:</u></p> <ul style="list-style-type: none"> • Parent-infant activities e.g. 	30 June 2015	25%

Date/period milestone relates to	Rules for achievement of milestones (including evidence to be supplied to commissioner)	Date milestone to be reported	Milestone weighting (% of CQUIN scheme available)
	<p>massage, rhyme time, music sessions etc</p> <ul style="list-style-type: none"> • Practical parenting advice/support with nursery nurse, health visitor etc. <p><u>Group IV – Offered access to at least one of the following:</u></p> <ul style="list-style-type: none"> • Written/video narratives of experience and recovery of perinatal patients • Meeting recovered patients (e.g. service/family days, charities) 		
Quarter 2	Record numbers of partners/significant others offered all of the interventions in Group I and 1 or more in Group II	30 September 2015	25%
Quarter 3	Record numbers of partners/significant others offered all of the interventions in Group I and numbers accepting and 1 or more in each of Group II & Group III and numbers accepting in each group	31 December 2015	25%
Quarter 4	Record numbers of partners/significant others offered all of interventions in Group I and 1 from each of Group II, III & IV together with numbers accepting in each group	31 March 2016	25%