

Child/Young Person or family present at GP with anxiety, low mood or other emotional wellbeing symptoms impacting attendance at school

**We encourage GP's to avoid issuing sick notes to children and young people who are suffering from emotional/mental health symptoms without having gone through the below processes to access appropriate support. The partners in education, health and social care are committed to supporting our children to stay in school in whatever capacity is appropriate based on symptoms and treatment, and pathways exist to ensure this is implemented by all agencies.**

Is the Child/Young Person known to mental health services*?		*Mental Health Services: <b>Birmingham:</b> Forward Thinking Birmingham <b>Solihull:</b> Solar
No	Yes	



Contact / Encourage family to contact their mental health team and speak to their care co-ordinator or the duty worker to review current needs and care plan.

GP to encourage: 1. Direct contact with school (pastoral lead, head of year, mental health lead, form tutor) and 2. Access to [#You'veBeenMissed](#) (for Birmingham families) and [#WeAreThinkingOfYou](#) (for Solihull families)

GP assessment considering the severity of the difficulty, and any impact on functioning

