

FOI003/2021 Response

Request

Thank you for your response I do have some queries:

1. Question 1 you stated "Data provided for question 1 is in relation to Birmingham Healthy Mind (BHM) referrals with a presenting complaint of OCD, and where a patient has had at least 2 treatment contacts with an intervention of Cognitive Behavioural Therapy (CBT). Please note that presenting complaint is not a diagnosis."When you say "at least 2 treatment" Does that mean 2 lots of treatment i.e. 6 sessions or more given twice, or just 2 sessions?
2. Question 4 you have stated the data may not be accurate. I do find that surprising as the CMHT will be the best CBT treatment available from the trust to service users diagnosed with OCD. They will have the more qualified Psychotherapists. By percentage how accurate would you estimate the data to be?
3. My final question has not been answered. I asked if you could split the numbers out by each hub. I have assumed the numbers you have given me are the total numbers for BSMHFT. Could you please give me a break down of the numbers by each hub?

Response

- 1. Question 1 you stated “Data provided for question 1 is in relation to Birmingham Healthy Mind (BHM) referrals with a presenting complaint of OCD, and where a patient has had at least 2 treatment contacts with an intervention of Cognitive Behavioural Therapy (CBT). Please note that presenting complaint is not a diagnosis.”When you say “at least 2 treatment” Does that mean 2 lots of treatment i.e. 6 sessions or more given twice, or just 2 sessions?**

Two (2) treatments equates to two (2) sessions.

- 2. Question 4 you have stated the data may not be accurate. I do find that surprising as the CMHT will be the best CBT treatment available from the trust to service users diagnosed with OCD. They will have the more qualified Psychotherapists. By percentage how accurate would you estimate the data to be?**

The response provided for question 4 has been sourced from a report that is not routinely monitored for data quality, and therefore whilst representative, there are likely to be some data quality issues.

It is not possible to provide an estimated percentage on how accurate the data is as this report is not routinely monitored for data quality. Providing an estimate of data accuracy as a result would be subjective and based on opinion.

Please note that responses to Freedom of Information (FOI) Requests are based on provision of evidence based responses.

- 3. My final question has not been answered. I asked if you could split the numbers out by each hub. I have assumed the numbers you have given me are the total numbers for BSMHFT. Could you please give me a break down of the numbers by each hub?**

Please refer to the attached spreadsheet and note the following:

- The data provided is from the calendar years of 2016-2020.
- Due to the late data entry changes made by staff members, the information provided in the attached spreadsheet has slightly altered from the previously disclosed spreadsheet.