

FOI 0103/2021 Response

Request

I would like to receive information relating to the number of inpatients in mental health wards at Birmingham and Solihull Mental Health NHS Foundation Trust.

1. The total number of inpatients in your mental health wards at the end of each month. Please state how many inpatients are informal and how many are detained under the Mental Health Act.

Please could you provide the data as a total for all mental health wards you are operating as well as individually for (1) Child and Adolescent Mental Health Wards and (2) Adult Mental Health Wards.

Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

2. Please state all eating disorder wards you are operating.

For the following questions, if you have eating disorder wards for (1) Children and Young People and for (2) Adults, please could you give the data for them separately.

3. The total number of inpatients in all your Eating Disorder Wards at the end of each month. Please state how many inpatients are informal and how many are detained under the Mental Health Act.

Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

4. Please state the admission criteria for eating disorder wards.
5. Please state the average admission BMI of all patients that have been admitted to an eating disorder ward each month.

Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

6. Please state the percentage of admissions that were below a BMI of 13 each month.
Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

7. The number of referrals for eating disorder inpatient care each month. Please state how many of these referrals are classed as urgent or emergency.

Please could you provide the data for each month of the following years:

01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

8. Please state the average waiting time in days for an inpatient admission to eating disorder wards each month. Please also state the average waiting times for referrals that are classed as urgent or emergency.

Please could you provide the data for each month of the following years:

01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

9. The number of patients that have been taken off the waiting list before they could get admitted. If possible, please state the reason why they got taken off the waiting list. Please could you provide this as yearly totals for 2018, 2019, 2020 and for the first 6 months of 2021.

Response

- 1. The total number of inpatients in your mental health wards at the end of each month. Please state how many inpatients are informal and how many are detained under the Mental Health Act.**

Please could you provide the data as a total for all mental health wards you are operating as well as individually for (a) Child and Adolescent Mental Health Wards and (b) Adult Mental Health Wards.

**Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.**

Please see the attached spread sheet and note that the data has been provided up to June 2021.

- 2. Please state all eating disorder wards you are operating.**

The Trust currently has a an adult eating disorder inpatient ward which is the Barberry Cilantro ward.

- Please note that the Trust do not have an inpatient eating disorder service for Children and Young People (CYP). All Eating Disorder (ED) beds for CYP are obtained via NHS England, and we do not hold electronic waiting lists for CYP who need an ED bed.

For the following questions, if you have eating disorder wards for (1) Children and Young People and for (2) Adults, please could you give the data for them separately.

- 3. The total number of inpatients in all your Eating Disorder Wards at the end of each month. Please state how many inpatients are informal and how many are detained under the Mental Health Act.**

**Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.**

Please see the attached spread sheet and note the following:

- The data has been provided up to June 2021.
- The Trust do not have an inpatient eating disorder service for Children and Young People (CYP). All Eating Disorder (ED) beds for CYP are obtained via NHS England, and we do not hold electronic waiting lists for CYP who need an ED bed.

4. Please state the admission criteria for eating disorder wards.

The Trust is currently adopting the following admission criteria which have been agreed by the West Midlands Adult Eating Disorder Provider Collaborative:

- 18 plus (with some degree of variability across Trusts in relation to 17 year olds if appropriate)
- A confirmed eating disorder or suspected eating disorder requiring assessment
- Any diagnosis of anorexia nervosa (AN), bulimia nervosa (BN), avoidant restrictive food intake disorder (ARFID) and binge eating disorder (BED)
- Any gender (with some limitations by provider due to capacity)
- No admission unless BMI under 14, or there was a rapid rate of weight loss, or physical compromise

5. Please state the average admission BMI of all patients that have been admitted to an eating disorder ward each month.

**Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data**

Please see the attached spread sheet and note that the following:

- Data has been provided up to June 2021.
- There were no admissions for Jan and May 2021.
- The Trust does not have an inpatient eating disorder service for Children and Young People (CYP). All Eating Disorder (ED) beds for CYP are obtained via NHS England, and we do not have readily available data relating to the average admission BMI for CYP.

6. Please state the percentage of admissions that were below a BMI of 13 each month.

**Please could you provide the data for each month of the following years:
01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.**

Please see the attached spread sheet and note that the following:

- Data has been provided up to June 2021.
- Ther were no admissions for Jan and May 2021.

- 7. The number of referrals for eating disorder inpatient care each month. Please state how many of these referrals are classed as urgent or emergency.**

Please could you provide the data for each month of the following years:

01 January 2018 to 31 December 2018; 01 January 2019 to 31 December 2019; 01 January 2020 to 31 December 2020; 01 January 2021 to latest available data.

The Trust is unable to provide a response to this question, this is because we do not have a central reporting mechanism for eating disorders inpatient referrals.

- 8. Please state the average waiting time in days for an inpatient admission to eating disorder wards each month. Please also state the average waiting times for referrals that are classed as urgent or emergency.**

Please could you provide the data for each month of the following years:

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The Trust is unable to provide a response to this question, this is because we do not have a central reporting mechanism for eating disorders inpatient referrals.

- 9. The number of patients that have been taken off the waiting list before they could get admitted. If possible, please state the reason why they got taken off the waiting list. Please could you provide this as yearly totals for 2018, 2019, 2020 and for the first 6 months of 2021.**

The Trust is unable to provide a response to this question, this is because we do not have a central reporting mechanism for eating disorders inpatient referrals.