

FOI 0151/2021 Response

Request

1. For each month between (and including) January 2018 and June 2021, please could you tell me the mean average number of days to elapse between a patient being assessed by your CAMHS service and that patient having their first appointment with an appropriate specialist as part of an ongoing treatment plan under CAMHS (as opposed to an appointment with a non-specialist; or supportive care while waiting for therapist availability; or an unscheduled call, letter or other contact that does not qualify as a treatment appointment)?
2. For each month, please could you specify which specialist or specialists were in attendance at those first treatment appointments, expressed as percentages of the total number of first treatment appointments that month (e.g., 74% of patients had their initial appointment as part of an ongoing treatment plan with a clinical psychologist, 20% with a CBT therapist etc

Response

Please see the attached spreadsheet and note the following:

- Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar.

We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties.

The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull area, or have a Solihull GP.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

- For question 1, the methodology used to obtain this data is based on the average number of days between a patient's first appointment (known as their 'Choice' appointment where the service user would get assessed), and their following appointment (known as their 'Partnership' appointment/first treatment appointment)
- For question 2, in each month where the total percentage exceeds 100%, this is where multiple professional carers (with different professions), have seen the same patient at the same first treatment appointment. Please note that where a patient has seen 2 staff from the same profession at the same appointment, the profession has only been counted once.
- For the table provided in question 2, "Barnardo's Staff" indicates where the initial treatment appointment was carried out by our partners at Barnardo's. We do not hold details of the precise role of each practitioner, but can share that the staff from Barnardo's working in the service are made up of approximately 12% counsellors, 25% Primary Mental Health Practitioners, 6% Cognitive Behavioural Therapists, 19% Educational Mental Health Practitioners and 38% Wellbeing Practitioners.