# FOI 0153/2021 Response

# Request

I am currently conducting a rapid review of existing training resources in relation to the routine enquiry into trauma that is currently available for staff within Mental Health Trusts. If your Trust provides training of this nature, then please can you kindly share the training resources with me via email to xxxxx This is for research purposes with the aim to improve patient experience within trauma informed care.

Should you require any further information then please do not hesitate to get in touch with me to discuss on the above email address.

Due to the rapid nature of this request please get back in touch with me as soon as possible.

Clarification has been sought from Requester to clarify and provide examples of "routine enquiry into trauma that is currently available for staff within Mental Health Trusts"

Requester has confirmed that they require the following information

Any training for staff around:

- 1) Trauma informed care
- 2) How to ask patients about their past trauma or adverse childhood experiences
- 3) How to respond to a disclose of abuse
- 4) Asking about trauma in assessments
- 5) Asking about trauma during CPA
- 6) And also, if none of the above is provided

#### Response

#### 1) Trauma informed care

The Trust provides an eLearning package in relation to trauma informed care to all clinical and non-clinical staff members.

The Trust is also committed to a range of trauma informed care practices as part of its Clinical, Quality and People strategic priorities, and has trained eligible colleagues as Psychological First Aiders, TRiM (Trauma Risk Management) Practitioners, Schwartz Round Facilitators and Balint Round Facilitators, as well as providing reflective practice and clinical supervision support.

### 2) How to ask patients about their past trauma or adverse childhood experiences

All eligible clinical staff are trained in completing the Integrated Care Record (ICR) which is held on the Trust Electronic Patient Record System. Within this there is a summary assessment document that has a routine enquiry question relating to whether the referred individual has experienced physical/sexual, or emotional abuse at any time in their life with a brief disclosure. If the clinical staff member did not ask this question, they are required to give a reason for this.

In addition to this, core clinical groups (nursing, psychological professionals, and psychiatrists) receive relevant training during their professional qualifying training courses in trauma informed care which include how to ask patients about their past trauma or adverse childhood experiences.

## 3) How to respond to a disclose of abuse

The Trust provides safeguarding training to staff members.

In addition to this, core clinical groups (nursing, psychological professionals, and psychiatrists) receive relevant training during their professional qualifying training courses.

#### 4) Asking about trauma in assessments

The Trust uses a health and social care assessment document, and a risk-screening tool called the Integrated Care Record that incorporates Care Programme Approach (CPA).

All eligible clinical staff are trained in completing the Integrated Care Record (ICR) which is held on the Trust Electronic Patient Record System. Within this there is a summary assessment document that has a routine enquiry question relating to whether the referred individual has experienced physical/sexual, or emotional abuse at any time in their life with a brief disclosure. If the clinical staff member did not ask this question, they are required to give a reason for this.

## 5) Asking about trauma during CPA

Please refer to the response provided in question 5.

6) And also, if none of the above is provide N/A

Please note that the Trust is unable to provide any training resources.

This is because the Trust's in house E-learning trauma informed care package consists of videos which contain our staff members. As the requested information pertains to personal information, the Trust rely on exemption Section 40 of the Freedom of Information Act 2000 to deny this aspect of your request.