FOI 0246/2021 Response

Details of the reviews into the treatment and pathways of OCD over the past 5 years.

Background

The oversight of National Institute for Health and Care Excellence (NICE) guidelines is delivered by our Clinical Effectiveness Team who work with clinical leads to measure our compliance with the standards set out by NICE. The outcome of reviews is received by the Clinical Effectiveness Advisory Group who oversee this on behalf of the Trust (Birmingham and Solihull Mental Health Foundation NHS Trust).

OCD NICE Guidance

NICE Clinical Guideline 31 Obsessive-compulsive disorder and body dysmorphic disorder: treatment was first published in 2005, and has been reviewed by NICE in 2011 and 2014.

BSMHFT Reviews since 2016

The clinical guideline for obsessive compulsive disorder (as identified above) was last reviewed by the Trust in 2019. This review was carried out in partnership with clinical leads from Birmingham Healthy Minds, Eating Disorders services and community Child and Adolescent Mental Health Services.

The outcome of the review identified a good level of compliance with those standards applicable to the services commissioned by the Trust.

The outcome of the review was presented to the Trust's Clinical Effectiveness Advisory Group on the 17th December 2019.