

## **FOI 0285/2022 Response**

### **Request**

Thank you for partially fulfilling the request. However, since NICE guidance is specific in what is expected in relation to the treatment of OCD, please could you provide the data/evidence, as previously requested, and which is missing from what you have submitted, of the number of service users presenting with mild/moderate/severe/very severe OCD and the amount of CBT that is offered, and completed, for each presentation within the severity range as stated in NICE?

For example, data/evidence that shows that over the past 5 years X number of services users, who have presented with mild OCD, was, on average, offered Y amount of CBT. And so forth for moderate/severe/very severe presentations. Only such data, which you have not submitted, would show if NICE is being complied with, and to what degree, in cases of OCD.

### **Response**

Please note, that we are unable to provide the number of service users as the Trust does not use the fields mild/moderate/severe/very severe as recoding criteria.

The Trust has a process in place to determine two things in relation to NICE guidance:

- its applicability to the services the Trust is commissioned to provide
- to what extent services provided by the Trust are compliant with the guidance set out by NICE

With respect to applicability the Trust Clinical Effectiveness Assurance Group reviews each guidance to determine the extent to which it is relevant to the services provided by the Trust and specifically which services this relates to.

The assessment of compliance is then taken in relation to those services the guidance relates to. This is completed by a multi-professional panel of clinicians across the Trust in a peer review process. The summary report shared indicates the narrative discussion that is used to determine the overall position of compliance across the services each guidance relates with determinations made based on a balance of evidence available.

Specific factors that may affect compliance levels may include:

- the extent to which the service is commissioned (Service Specification), the Trust may be commissioned to provide elements of a service or pathway described by NICE guidance and therefore in itself not fully compliant with its recommendations.
- Where the guidance is deemed relevant to multiple services the Trust must make an assessment of compliance generally across services.

On this basis and through a multi-professional peer review process a narrative compliance statement is then determined, it is not possible to offer a binary yes/no response to compliance based on the multifactorial nature of evidence.