

Dear Birmingham and Solihull Mental Health NHS Foundation Trust, How many prescriptions for sleeping pills did you give out in 2021, 2020, 201

Could you please break this down by the name of the drug

How much did this cost in total each year?

If possible, could you please break down the age of patients that received the prescriptions, either exact ages or in age groups (eg xx number of p

**Cost of Hypnotics Per Year - BSMHFT**

Year	Total Gross Cost
2017	£18,775
2018	£19,322
2019	£18,531
2020	£19,535
2021	£13,814

**Number of times dispensed per Year - BSMHFT**

Drug Description - BNF 4.1.1 Hypnotics	2017	2018	2019	2020	2021
MELATONIN 1mg/1mL SF SOLUTION (200mL)		10	4		
MELATONIN 2mg CAPSULES (60 caps)		158	108	181	145
MELATONIN 2mg M/R TABLETS (30 tabs)		145	172	258	333
MELATONIN 3mg CAPSULES (60 caps)		3	15	8	38
MELATONIN 3mg TABLETS (30 tabs)					1
MELATONIN 5mg CAPSULES (60 caps)			14	18	9
NITRAZEPAM 5mg TABLETS (28 tabs)		639	646	395	284
SODIUM OXYBATE 500mg/mL ORAL SOLUTION (180mL)		19	18	5	4
TEMAZEPAM 10mg TABLETS (28 tabs)		350	245	275	350
TEMAZEPAM 10mg/5mL SF ELIXIR (300mL)		4			1
TEMAZEPAM 20mg TABLETS (28 tabs)		2		1	3
ZOLPIDEM 10mg TABLETS (28 tabs)		489	395	399	342
ZOLPIDEM 5mg TABLETS (28 tabs)		147	53	90	143
ZOPICLONE 3.75mg TABLETS (28 tabs)		777	674	653	787
ZOPICLONE 7.5mg TABLETS (28 tabs)		5125	4822	4114	4016
ZOPICLONE 7.5mg TABLETS (3)		4	2		

**Number of times dispensed per Age Group - BSMHFT**

Age of Service User at time of Issue	2017	2018	2019	2020	2021
15		10			1
16		24	6	2	9
17		57	38	19	2
18		53	35	14	21
19		47	32	16	23
20		19	34	38	10
21		38	35	1	3
22		26	55	94	5
23		58	11	43	93
24		22	24	7	63
25		54	61	51	28
26		269	147	74	85
27		255	118	119	99
28		128	164	55	172
29		177	138	193	171
30		151	194	116	160
31		268	183	166	134
32		191	197	88	178
33		293	207	178	140
34		140	225	165	151
35		315	155	202	230
36		298	259	164	199
37		176	230	206	155
38		128	162	140	210
39		202	195	168	129
40		127	233	183	101
41		215	92	202	140
42		294	172	151	204
43		193	287	132	135
44		153	188	228	158
45		69	233	192	141
46		233	129	182	197
47		270	216	131	70
48		102	197	83	118
49		129	110	305	135
50		273	102	96	228
51		278	258	91	160
52		179	228	223	123
53		202	233	126	159
54		179	174	245	134
55		207	151	176	177
56		139	225	134	113
57		235	150	216	136
58		75	157	103	156
59		75	28	194	88
60		69	99	44	189
61		83	80	87	97
62		57	62	55	93
63		56	53	50	126
64		25	27	47	90
65		90	16	23	21
66		147	75	42	26
67		38	89	81	22
68		13	39	55	108
69		5	13	32	73
70		13	12	10	39
71		32	34	30	23
72		4	8	7	40
73		31	4	8	12
74		10	21	13	34
75		19		9	24
76		12	9	17	11
77		38	7	10	14
78		24	8	18	15
79		24	10		8
80			9	1	4
81		6	1	4	5
82		17	2		10
83		1	6	3	5
84		4	3	22	2
85		9			6
86			1		2
87		2		8	2
88		2	6	1	2
89		4	1	2	
90			2	3	4
91					3
92		9	1	3	
93					1
94			2		