

## FOI0341 Response

- How many individuals have been referred to NHS Birmingham and Solihull Mental Health services with Nyctophobia in total since 2018 (including age range and gender, separated by years if possible)?

We are unable to provide a response to this question as we do not record this information.

- What treatments are offered by NHS Birmingham and Solihull Mental Health services for Nyctophobia?

The treatment of this diagnosis would be consistent with the individual's psychological formulation of need and would utilise evidence-based practice treatments for trauma, anxiety and phobia.

- What is your yearly referral rate of patients for Nyctophobia treatment since 2018 to current day?

We are unable to provide a response to this question as we do not record this information.