

## **FOI042 Response**

### **Request**

*Under the Freedom of Information Act, can you provide me with the following information:*

*1) Please can you provide me with a list of the number of children who have been treated for eating disorders within the following years 2010 and 2019 and 2020 (so far). To clarify my request, I require the following:*

*- By children, I mean those under the age of 18. Please can you break down my request into the following age categories:*

*- 0-2; 3-5 6-7; 8-9; 10; 11; 12; 13; 14; 15; 16; 17-18*

*I would like to make it clear that I am not asking for personal information, merely the number of patients who have been treated for eating disorders in each age bracket. To clarify further, by eating disorders, I mean anorexia, bulimia or similar problems.*

*I would ask that the figures be separately listed for the following time brackets 2010 and 2019 and 2020 (so far).*

*2) What is the a) average b) longest wait that a patient has had for their first session of treatment using the years above? For b, if possible, can you outline the reasons and the year please. 2A) Can you tell me how many patients waited more than 6 months and a year for their treatment during the years 2010 and 2019 and 2020 (so far).*

*3) What was the average number of sessions received by patients in 2010 and 2019 and 2020 (so far). broken down by the following diagnoses: anorexia nervosa, bulimia nervosa, BED and OSFED?*

*4) What was your budget for eating disorders for each of the years above?*

*5) What was spent on average per patient over each of those years? Can you break it down year on year please?*

## Response

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar. We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP.

As well as accepting referrals from GPs, schools and Social Services we also accept self-referrals from young people and parents/carers.

Please note that the data provided only relates to those children and young people who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP. For information on children and Young People from Birmingham information would need to be requested from Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

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**- 0-2; 3-5 6-7; 8-9; 10; 11; 12; 13; 14; 15; 16; 17-18**

**I would like to make it clear that I am not asking for personal information, merely the number of patients who have been treated for eating disorders in each age bracket. To clarify further, by eating disorders, I mean anorexia, bulimia or similar problems.**

**I would ask that the figures be separately listed for the following time brackets 2010 and 2019 and 2020 (so far).**

Please see attached spreadsheet and note the following,

- Treatment has been defined as the list of NICE-approved treatment 'clock-stop' activities for Children and Young People with an Eating Disorder that are identified in NHS England's 'Guidance for reporting against access and waiting time standards' publication from 2016.
- The spreadsheet is based around attendance at the Trust's eating disorder service and any patients that have attended an eating disorder service but have not been diagnosed with the listed disorders within the request has been noted as 'Other' in the diagnosis category.
- The breakdown of age groups have been clustered, this is because the low numbers captured within each age category (as stated within the request) could lead to identification of a patient.
- Data for the year 2010 cannot be provided as the Trust cannot accurately measure the number of patients that have received treatment for eating disorders. This is because the fields & processes currently used to provide figures for 2019 were not implemented until recently.

**2) What is the a) average b) longest wait that a patient has had for their first session of treatment using the years above? For b, if possible, can you outline the reasons and the year please. 2A) Can you tell me how many patients waited more than 6 months and a year for their treatment during the years 2010 and 2019 and 2020 (so far).**

Please see the attached spreadsheet and note the following,

The Trust cannot accurately measure the average or longest wait that a patient has had for their first session of treatment in 2010. This is because the fields & processes currently used to provide figures for 2019 were not implemented until recently.

The data provided for 2b, *“longest wait that a patient has had for their first session of treatment”* is in relation to patients with eating disorders that were referred to the Trust’s Child and Adolescent Mental Health Service (CAMHS) for routine treatment. All patients that are referred to the CAMHS have an initial assessment and during this it is identified who the most suitable clinician is for them to see. The patient is then added to the clinicians waiting list and are then seen in time order. The Trust’s waiting time for routine treatment is in line with national guidance for routine referrals made to eating disorder services.

**3) What was the average number of sessions received by patients in 2010 and 2019 and 2020 (so far). broken down by the following diagnoses: anorexia nervosa, bulimia nervosa, BED and OSFED?**

Please see the attached spreadsheet and note that the Trust cannot accurately measure the average number of sessions received by patients in 2010. This is because the fields & processes currently used to provide figures for 2019 were not implemented until recently.

**4) What was your budget for eating disorders for each of the years above?**

Please note that the figures in the below table pertain to all patient’s accessing the Trust’s eating disorder service. The figures cannot be filtered to patients who are children because the Trust’s system does not hold this capacity.

Date	2010/11	2019/20
Budget (Contract Values)	2,223,435	2,684,133

**5) What was spent on average per patient over each of those years? Can you break it down year on year please?**

Please note that the figures in the below table pertain to all patient’s accessing the Trust’s eating disorder service. The figures cannot be filtered to patients who are children because the Trust’s system does not hold this capacity.

Date	2010/11	2019/20
Av Cost per Patient	7,767	9,353