

FOI 042 - Children treated for eating disorders

Date Range: 2019/01/01 - 2020/06/30

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar. We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP. As well as accepting referrals from GPs, schools and Social Services we also accept self-referrals from young people and parents/carers.

Please note that the data provided only relates to those children and young people who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP. For information on children and Young People from Birmingham information would need to be requested from Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

Number of children treated for eating disorders:

2019

Age Band	Figures
0-10	5
12	9
14	9
15	12
16	6
17-18	11

2020

Age Band	Figures
0-13	10
12	5
14	4
15	6
16	9
17-18	6

Average wait for first session of treatment (days):	2019 7.4	2020 8.8
Longest wait for first session of treatment (days):	28	26
First treated:	23/07/2019	18/02/2020
Urgency:	Routine - target met	Routine - target met
Waits over 6 months / 1 year:	None	None

Average sessions received by service users in 2019 by diagnosis:

	Average sessions
Anorexia Nervosa	36.4
Other Eating Disorders	13.4
Unspecified Eating Disorders	17.2
Eating Disorder Diagnosis Not Yet Recorded On Trust System	12.4

Average sessions received by service users in 2020 by diagnosis:

	Average sessions
Anorexia Nervosa	17.4
Other Eating Disorders	19.0
Unspecified Eating Disorders	22.5
Eating Disorder Diagnosis Not Yet Recorded On Trust System	8.6