

FOI 044/2021

Request

This is a request under the Freedom of Information Act 2000. Please note there are two parts to this request.

For your NHS Trust(s), please could you provide the following information:

1. The current wait time for an undiagnosed adult to see a psychiatrist for ADHD after being referred from a GP on the NHS
2. The current wait time for an undiagnosed child to see a psychiatrist for ADHD after being referred from a GP on the NHS
3. The current wait time to see a Cognitive Behavioural Therapist for ADHD following an ADHD diagnosis
4. The number of children (under the age of 18) with an ADHD diagnosis
5. The number of children (under the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.
 - a. Please provide this as a breakdown by comorbidity
6. The number of adults (over the age of 18) with an ADHD diagnosis
7. The number of adults (over the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity, including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.
 - a. Please provide this as a breakdown by comorbidity

Response

1. The current wait time for an undiagnosed adult to see a psychiatrist for ADHD after being referred from a GP on the NHS

Patients currently waiting in ADHD Service (i.e. have an open referral and not yet seen as of today, where source of referral was GP)

921 patients

Average wait between GP referral and today: 47 weeks

2. The current wait time for an undiagnosed child to see a psychiatrist for ADHD after being referred from a GP on the NHS

We do not provide an ADHD assessment service for children.

3. The current wait time to see a Cognitive Behavioural Therapist for ADHD following an ADHD diagnosis

CBT is not a first line NICE recommended treatment for ADHD and within the Trust we utilise pharmacology and lifestyle/behavioural advice as first line treatments so we are unable to provide a response to this question.

4. The number of children (under the age of 18) with an ADHD diagnosis

54 (*please see footnote below*)

5. The number of children (under the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity,

including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.

ADHD and Depression

Nil (0)

ADHD and Anxiety

Nil (0)

ADHD and Personality Disorder

Nil (0)

ADHD and Sleep Disorder/Insomnia

Ten (10)

ADHD and Substance Misuse

Nil (0)

Please see footnote below

6. The number of adults (over the age of 18) with an ADHD diagnosis*

131 *please see footnote below*

7. The number of adults (over the age of 18) with an ADHD diagnosis who are also being treated for a psychiatric comorbidity,

including, but not limited to: depression, anxiety, personality disorders such as borderline personality disorder, sleep disorders and substance abuse.

ADHD and Depression

One (1)

ADHD and Anxiety

Nil (0)

ADHD and Personality Disorder

Sixteen (16)

ADHD and Sleep Disorder/Insomnia

One (1)

ADHD and Substance Misuse

Two (2)

Please see footnote below.

FOOTNOTE – applicable to questions 4,5,6 & 7:

Please note that service users referred to this Trust to access ADHD services will also have a psychiatric comorbidity. Service users having a singular diagnosis of ADHD would not be the norm. This indicates that there are diagnosis recording issues as illustrated by the responses to questions 5 and 7. All the service users identified in questions 4 and 6 would be expected to have a psychiatric comorbidity but these have not been fully completed on our patient care system hence the gaps in the response to questions 5 and 7.