

## FOI054 Response

### Request

1. Number of children referred to your service in 2019
2. Number of children referred to your service in 2019 with a physical illness
3. Average waiting times for your service in 2019
4. Average waiting times for your service in 2019 for children with a physical illness
5. Average number of sessions for your service in 2019
6. Average number of sessions for your service for children with a physical illness
7. Number of children rejected from your service in 2019 and reasons
8. Number of children rejected from your service in 2019 with a physical illness and reasons
9. Who provided the intervention for children with and without a physical illness in 2019?
10. What was the intervention provided for children without and without a physical illness in 2019?
11. Does the service offer 'low intensity' interventions e.g., guided self-help?
12. Does the service offer 'high intensity' interventions e.g., a full 12-20 session course of psychological treatment delivered by a qualified clinician?
13. Does your service offer 'stepped care' i.e., starting with a low intensity intervention and then moving onto a high intensity one?
14. Does your service offer stepped care for children with physical illness i.e., starting with a low intensity intervention and then moving onto a high intensity one?
15. How many children with and without physical illness received stepped care vs. high intensity therapy in 2019?

## **Response**

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull. We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP.

As well as accepting referrals from GPs, schools and Social Services we also accept self-referrals from young people and parents/carers.

Please note that the data provided only relates to those children and young people who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP. For information on children and Young People from Birmingham information would need to be requested from Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

Some of the data provided maybe different from other service data that has been published as it is our usual practice to report service information in financial years, April to March, as compared to calendar years.

### **1. Number of children referred to your service in 2019**

2238 children were referred to the services, who were less than 18 years of age at point of referral.

### **2. Number of children referred to your service in 2019 with a physical illness**

Our Service doesn't provide care for physical illness we provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties.

### **3. Average waiting times for your service in 2019**

33days is the average wait from referral to assessment

### **4. Average waiting times for your service in 2019 for children with a physical illness**

Same response as per answer 2.

### **5. Average number of sessions for your service in 2019**

Average number of sessions is 11.

### **6. Average number of sessions for your service for children with a physical illness**

Same response as per answer 2.

### **7. Number of children rejected from your service in 2019 and reasons**

10% of the referrals were either advised, returned to the referrer, or redirected to another service.

**8. Number of children rejected from your service in 2019 with a physical illness and reasons**

Same response as per answer 2.

**9. Who provided the intervention for children with and without a physical illness in 2019?**

Medical Consultants, CPNs, High Intensity Therapists, Psychologists, Applied Psychologist – clinical, Occupational Therapy, Social Worker, NREC, Dietian and Wellbeing Practitioners.

**10. What was the intervention provided for children without and without a physical illness in 2019?**

A child's recovery programme can flow through the Tiers. The main interventions provided fall into the following categories:

Assessment, Primary Care, General, Crisis, Medical , Occupational Therapy, Eating Disorders, Family Therapy, LD medical, Healios, Psychotherapy

**11. Does the service offer 'low intensity' interventions e.g., guided self-help?**

Yes. Children, family and carers when relevant are provided with relevant information, leaflets on specific conditions eg anxiety management etc. All this information is available on the solar website.

**12. Does the service offer 'high intensity' interventions e.g., a full 12-20 session course of psychological treatment delivered by a qualified clinician?**

Yes.

**13. Does your service offer 'stepped care' i.e., starting with a low intensity intervention and then moving onto a high intensity one?**

Yes. Children can flow through the Tiers of support as needed.

**14. Does your service offer stepped care for children with physical illness i.e., starting with a low intensity intervention and then moving onto a high intensity one?**

Yes our service provides stepped care for children whose referral relates to mental health or severe emotional and behavioural difficulties regardless of any physical illness.

**15. How many children with and without physical illness received stepped care vs. high intensity therapy in 2019?**

Exemption applied, Section 12

The Trust is unable to provide any information regarding this question as we are unable to interrogate and collate specific data that relates to the number of children with and without physical illness who have received stepped care vs. high intensity therapy in 2019. In order to provide meaningful information this would take an extensive amount of time and would

require manually searching and reviewing individual case records. With this in mind please note that the Trust does not have capacity to fulfil this question and have applied the above exemption.