

FOI 071/2021Response

Request

I am requesting data on children and young people (CYP) accessing mental health services, including eating disorder services. Please exclude all data relating to CYP accessing learning disability and autism services.

If helpful, you may wish to collect this data from the final submissions to the Mental Health Services Data Set (MHSDS) you will have made.

Contact can include assessment over telephone and/or video conferencing, but can not include text, email or letter contact.

Please answer questions 1 to 5 for the two following time periods:

Time period A) 1st April 2019 to 31 March 2020 Time period B) 1st April 2020 to 31 March 2021

1. During this time period, please give the number of CYP referred to your CAMH for:
 - 1.1 Core CAMH (i.e., including treatment for symptoms of anxiety, depression, trauma symptoms);
 - 1.2 Core Eating Disorder.

2. Of these, how many were emergency referrals for:
 - 2.1 Core CAMH;
 - 2.2 Core Eating Disorder?

3. During this time period, please give the number of CYP waiting longer than 12 weeks without contact by services for:
 - 3.1 Core CAMH;
 - 3.2 Core Eating Disorder.

4. During this time period, please give the number of CYP whose referral was closed before treatment, and who were referred for:
 - 4.1 Core CAMH services;
 - 4.2 Core Eating Disorder services.

5. For CYP whose referrals were closed before treatment, please provide all the reasons why this happened.

6. During this time period, please give the number of CYP still waiting for treatment on 31 March, and who have not been contacted for:
 - 6.1 Core CAMH services;
 - 6.2 Core Eating Disorder services.

*Clarification has been sought from the requester to provide context around question 6.

The Requester has confirmed that they are requesting a snapshot of waiting lists on two dates, 31 March 2020, and 31 March 2021. For both of these dates, they are looking for the number of CYP still waiting for treatment, who have not yet been contacted by the relevant service (either CAMH or CAMH ED) to commence treatment.

Response

Background Information:

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar.

We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties.

The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull area, or have a Solihull GP.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

1. During this time period, please give the number of CYP referred to your CAMH for:

1.1 Core CAMH (i.e., including treatment for symptoms of anxiety, depression, trauma symptoms)

- Time Period A - 19/20 1851
- Time Period B - 20/21 1905

1.2 Core Eating Disorder.

- Time Period A - 19/20 58
- Time Period B - 20/21 58

2. Of these, how many were emergency referrals for:

2.1 Core CAMH;

- N/A unable to report on Core CAMHS urgent referrals.

2.2 Core Eating Disorder

- Time Period A - 19/20 9
- Time Period B - 20/21 10

3. During this time period, please give the number of CYP waiting longer than 12 weeks without contact by services for:

3.1 Core CAMH;

- Time Period A – 44
- Time Period B – 26

Of the above figures, there was a total of 7 Children and Young people in time period A and 6 Children and Young People in time period B that had no contact at all with Solar or where attempts weren't made to contact them. The reasons for the 12 weeks without contact were primarily relating to awaiting medical appointments (time period A) and the temporary step-down of groups owing to COVID (time period B). In regard to the remaining 57 instances of reported no-contact, either contact was made but appointments were not recorded correctly on our electronic patient record system, contact had been made by a team within Solar but not by the team the referral was open to, or appointments had been offered but not accepted (through either cancellation or DNA).

3.2 Core Eating Disorder.

- Time Period A – Nil (0)
- Time Period B – Nil (0)

4. During this time period, please give the number of CYP whose referral was closed before treatment, and who were referred for:

4.1 Core CAMH services;

- Time Period A – 1017
- Time Period B – 897

4.2 Core Eating Disorder services.

- Time Period A – 25
- Time Period B – 10

**Please see footnote*

5. For CYP whose referrals were closed before treatment, please provide all the reasons why this happened.

(Data in relation to 4.1 Core CAMH services)

Time Period	Discharge Reason	Core CAMH Referrals Closed before Treatment
Time Period A -	Assessed as suitable but declined service	35
Time Period A -	Assessed, unsuitable, advised and redirected	181
Time Period A -	Assessed, unsuitable, advised and returned to referrer	142
Time Period A -	Completed care	64
Time Period A -	Declined assessment	36
Time Period A -	Discharge due to non-adherence/non-compliance	31
Time Period A -	Discharged due to DNA	132
Time Period A -	Screened, unsuitable, redirected	80
Time Period A -	Screened, unsuitable, returned to referrer	171
Time Period A -	Self discharge	23
Time Period A -	Transfer to another BSMHFT team	111
Time Period A -	Transfer to another mental health provider	11
Time Period B -	Assessed as suitable but declined service	24
Time Period B -	Assessed, unsuitable, advised and redirected	93
Time Period B -	Assessed, unsuitable, advised and returned to referrer	142
Time Period B -	Completed care	67
Time Period B -	Declined assessment	28
Time Period B -	Discharge due to non-adherence/non-compliance	61
Time Period B -	Discharged due to DNA	65
Time Period B -	Patient Deceased	1
Time Period B -	Screened, unsuitable, redirected	33
Time Period B -	Screened, unsuitable, returned to referrer	281
Time Period B -	Self discharge	18
Time Period B -	Transfer to another BSMHFT team	78
Time Period B -	Transfer to another mental health provider	6

(Data in relation to 4.2 Core Eating Disorder services)

Time Period	Discharge Reason	Core Eating Disorder Referral Closed before Treatment
Time Period A -	Assessed, unsuitable, advised and redirected	1
Time Period A -	Assessed, unsuitable, advised and returned to referrer	5
Time Period A -	Declined assessment	3
Time Period A -	Discharge due to non-adherence/non-compliance	1
Time Period A -	Discharged due to DNA	3
Time Period A -	Screened, unsuitable, redirected	4
Time Period A -	Screened, unsuitable, returned to referrer	4
Time Period A -	Transfer to another BSMHFT team	4
Time Period B -	Assessed, unsuitable, advised and redirected	1
Time Period B -	Assessed, unsuitable, advised and returned to referrer	4

Time Period B -	Discharge due to non-adherence/non-compliance	1
Time Period B -	Screened, unsuitable, redirected	1

6. During this time period, please give the number of CYP still waiting for treatment on 31 March, and who have not been contacted for:

6.1 Core CAMH services;

- Time Period A – Nil (0)
- Time Period B – Nil (0)

6.2 Core Eating Disorder services.

- Time Period A – Nil (0)
- Time Period B - Nil (0)

**Please see footnote*

Footnotes:

Please note the following:

- That all CYP waiting for treatment engage in an assessment first, and then periodic contact is made whilst waiting for treatment. This is to ensure that there have been no changes to clinical need as well as keeping patients updated.
- Some patients will have a Choice/First appointment but not a partnership/second appointment.
- Treatment = partnership appointment date which is second contact.