

## **FOI 080/2021 Response**

### **Request**

To whom it may concern,

I am writing to you under the Freedom of Information Act 2000 to request the following information from the Adult ADHD services, part of the Birmingham & Solihull Mental Health NHS Trust.

Please may you provide me with:

- Number of referrals made for Adult ADHD assessments for the years of 2019 and 2020;
- Average waiting time from referral to first appointment for the years of 2019 and 2020;
- Average time from first appointment to diagnosis to be produced for the years of 2019 and 2020;
- Number of current referrals waiting for first appointment (waiting list, no first appointment booked);
- Current waiting time from referral to first appointment.
- Current average time from first appointment to diagnosis to be produced.

## Response

Please see attached spreadsheet and note the following:

- The data provided is based on the average time between first appointment and ADHD diagnosis.
- A precise response cannot be provided for questions 3 and 6, because diagnosis dates are not recorded on our patient administration system Rio in a structured enough way to support these calculations. However, please note the further points below.
- Non-complex assessments: generally, the length of time from assessment to diagnosis is less than 4 weeks, and usually falls within the 2-week mark. Delays are predominantly related to gathering collateral information from childhood which supports a diagnosis of ADHD in adulthood.
- More complex assessments: incorporate several different factors which can lengthen the process of diagnosis but will generally be less than 8 - 12 weeks.