

## **FOI111 Response**

### **Request**

Dear colleague,

I hope you're well at this difficult time. I'm writing under the terms of Freedom of Information Act 2000 to request some information about access to children and young people's mental health services at the trust. I'm compiling this information from several different sources and aiming to highlight best practice.

I would be happy to receive the information electronically to this email address. It looks as though there are a lot of requests here, but really they are the same four requests as they relate to three common mental health disorders of childhood. I hope the requests are pretty clear but I'm happy to clarify anything – do drop me a line per section 16 of the Act.

1. How many children and young people with Conduct Disorder have been referred to the trust in each of the last three years?
2. How many children and young people with ADHD have been referred to the trust in each of the last three years?
3. How many children and young people with depression have been referred to the trust in each of the last three years?
4. What criteria must be met for a child or young person with Conduct Disorder to see CAMHS at the trust?
5. What criteria must be met for a child or young person with ADHD to see specialist services at the trust?
6. What criteria must be met for a child or young person with depression to see CAMHS at the trust?
7. How many referrals for Conduct Disorder have been closed without treatment at the trust in each of the last three years? (And are the reasons for this recorded?)
8. How many referrals for ADHD have been closed without treatment at the trust in each of the last three years? (And are the reasons for this recorded?)
9. How many referrals for depression have been closed without treatment at the trust in each of the last three years? (And are the reasons for this recorded?)
10. What is the current waiting list length for children and young people with Conduct Disorder at the trust?
11. What is the current waiting list length for children and young people with ADHD at the trust?
12. What is the current waiting list length for children and young people with depression referrals at the trust?

## Response

### 1. How many children and young people with Conduct Disorder have been referred to the trust in each of the last three years?

Please see table below and note the following,

- The data provided is in relation to the Trust's Tier 3 CAMHS service, Solar General/Primary Care where the referral reason is Conduct Disorder.
- Solar provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull. For information on children and young people with Conduct Disorders who have been referred to CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.
- Where a patient has multiple overlapping referrals, the referral reason for the first referral in the spell is used for the data below.

| Financial Year          | Number Of Referral Made To The Trust for Children And Young People With ADHD |
|-------------------------|--|
| 1/04/2017 - 31/03/2018  | 26   |
| 01/04/2018 - 31/03/2019 | 36   |
| 01/04/2019 - 31/03/2020 | 84   |

### 2. How many children and young people with ADHD have been referred to the trust in each of the last three years?

Please see table below and note the following,

- The figures provided below have been grouped, this is because the low number captured could potentially lead to identification of a patient.
- The methodology used to obtain the data below is different to the methodology used for questions 1 and 3, this is because there is no corresponding referral reason for ADHD. The data provided below is based on referrals to the ADHD service, where the age of the patient at referral was under 18.

| Date                    | Number Of Referral Made To The Trust For Children And Young People With ADHD |
|-------------------------|--|
| 01/04/2017 – 31/03/2019 | 11   |
| 01/04/2019 - 31/03/2020 | 17   |

### 3. How many children and young people with depression have been referred to the trust in each of the last three years?

- The data provided is in relation to the Trust's Tier 3 CAMHS service, Solar General/Primary Care where the referral reason is Depression.
- Solar provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull. For information on children and young people with Depression who have been referred to CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.
- Where a patient has multiple overlapping referrals, the referral reason for the first referral in the spell is used for the data below.

| Financial Year          | Number Of Referral Made To The Trust For Children And Young People With Depression |
|-------------------------|--|
| 1/04/2017 - 31/03/2018  | 168  |
| 01/04/2018 - 31/03/2019 | 429  |
| 01/04/2019 - 31/03/2020 | 419  |

### 4. What criteria must be met for a child or young person with Conduct Disorder to see CAMHS at the trust?

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar. We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP. The CAMHS Solar service accepts referrals from GPs, schools, Social Services self-referrals from young people and parents/carers.

Please note that for information on children and young people who have been referred to CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust

To be referred to the Trust CAMHS service, Solar for Conduct Disorder a child or young person must be presenting with persistent, repetitive patterns of dissocial, aggressive, or defiant conduct. There should be major violations of age appropriate social expectation, more severe than ordinary childish mischief or adolescent rebelliousness.

Isolated criminal acts or dissocial behaviours will not fit in the criteria for a child or young person to be seen or treated by the Trust's CAMHS service and mental health risk and other coexistent

emotional, behavioural, neurodevelopmental, safeguarding concerns will need to be taken into account whilst considering a referral.

### **5. What criteria must be met for a child or young person with ADHD to see specialist services at the trust?**

For a child or young person with ADHD to be referred to the Community Paediatrics Team the child or young person must show ADHD symptoms without any emotional issues, ADHD symptoms include a combination of the following,

- Early onset, (within the first 5 years of life)
- Pervasive and persistent
- Characteristics of overactive, poorly modulated behaviour
- With marked inattention and Reckless, impulsive behaviours

For a child or young person with ADHD to be referred to the Trust's Learning Disability Team the child or young person must show moderate to severe Learning difficulty along with the listed ADHD symptoms above.

For a child or young person with ADHD to be referred to the Trust Tier 3 CAMHS service (Solar), the child or young person must be a resident in the borough of Solihull and must be below the age of 19. The child and young person must exhibit emotional and severe behavioural issues (that cannot be managed by Paediatrics) along with listed ADHD symptoms above. In addition to this, comorbidities and safeguarding issues will also be taken into account whilst considering a referral.

### **6. What criteria must be met for a child or young person with depression to see CAMHS at the trust?**

To be referred to the Trust Tier 3 CAMHS service (Solar) for Depression, a child or young person must be a resident in the borough of Solihull and must be below the age of 19. The child and Young person will also need to exhibit the symptoms below and the symptoms must range from moderate to severe in nature,

- Lowered mood
- Duration of at least 2 weeks or rapid in onset
- With or without Somatic symptoms
- With or without Psychotic symptoms
- Recurrent episodes
- Bipolarity- with periods of elevated mood and related symptoms
- Affecting psychosocial functioning
- Informed by Risk assessment
- Comorbidities with anxiety, stress related, somatisation disorders etc.

Please note that high risk cases (without Tier 4 inpatient admission) treatment will be carried out in joint working with crisis team in the community.

Also note that for information on children and young people who have been referred to CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust

**7. How many referrals for Conduct Disorder have been closed without treatment at the trust in each of the last three years? (And are the reasons for this recorded?)**

Please see table below and note the following,

- The data provided is relation to the Trust’s Tier 3 CAMHS service, Solar General/Primary Care where the referral reason is Conduct Disorder.
- Solar provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull. For information on children and young people with Conduct Disorder who have been referred to CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women’s and Children’s Trust.
- Where a patient has multiple overlapping referrals, the referral reason for the first referral in the spell is used for the data below.
- The referrals for Conduct Disorder have been closed without treatment for the following reasons:
  - Assessed as suitable but declined service
  - Assessed, unsuitable, advised and redirected
  - Assessed, unsuitable, advised and returned to referrer
  - Completed care
  - Declined assessment
  - Discharge due to non-adherence/non-compliance
  - Discharged due to DNA (Did not attend)
  - Screened, unsuitable, redirected
  - Screened, unsuitable, returned to referrer
  - Self-discharge
  - Transfer to another BSMHFT team
  - Patient has not attended 2+ contacts.

| <b>Financial Year</b>          | <b>Number Of Closed Conduct Disorder Referrals</b> |
|--------------------------------|--|
| <b>1/04/2017 - 31/03/2018</b>  | <b>12</b>  |
| <b>01/04/2018 - 31/03/2019</b> | <b>23</b>  |
| <b>01/04/2019 - 31/03/2020</b> | <b>68</b>  |

**8. How many referrals for ADHD have been closed without treatment at the trust in each of the last three years? (And are the reasons for this recorded?)**

Please see table below and note the following,

- The figures provided have been grouped, this is because the low numbers captured could potentially lead to identification of a patient.
- The methodology used to obtain the data below is different to the methodology used for question 7 and 9, this is because there is no corresponding referral reason for ADHD. The data provided below is based on referrals to the ADHD service, where the age of the patient at referral was under 18.
- The referrals for ADHD have been closed without treatment in the last three years for the following reasons,
  - Assessed, unsuitable, advised and redirected
  - Assessed, unsuitable, advised and returned to referrer
  - No response to communication
  - No response to communication
  - Assessed, unsuitable, advised and returned to referrer
  - No response to communication
  - Screened, age criteria not met, returned to referrer
  - Patient has not attended 2+ contacts.

| Financial Year          | Number of Referrals |
|-------------------------|---------------------|
| 1/04/2017 - 31/03/2018  | 8                   |
| 01/04/2018 - 31/04/2020 | 8                   |

**9. How many referrals for depression have been closed without treatment at the trust in each of the last three years? (And are the reasons for this recorded?)**

Please see the table below and note the following,

- The data provided is in relation to the Trust's Tier 3 CAMHS service, Solar General/Primary Care where the referral reason is Depression and Low Mood.
- Solar provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull. For information on children and young people with Depression who have been referred to CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

- The referrals for depression have been closed without treatment in the last three years for the following reasons:
  - Assessed as suitable but declined service
  - Assessed, unsuitable, advised and redirected
  - Assessed, unsuitable, advised and returned to referrer
  - Completed care
  - Declined assessment
  - Discharge due to non-adherence/non-compliance
  - Discharged due to DNA (Did not attend)
  - Screened, unsuitable, redirected
  - Screened, unsuitable, returned to referrer
  - Self discharge
  - Transfer to another BSMHFT team
  - Patient not attending 2+ contacts

| Financial Year          | Number Of Closed Depression Referrals |
|-------------------------|---------------------------------------|
| 1/04/2017 - 31/03/2018  | 78                                    |
| 01/04/2018 - 31/03/2019 | 214                                   |
| 01/04/2019 - 31/03/2020 | 216                                   |

**10. What is the current waiting list length for children and young people with Conduct Disorder at the trust?**

There are currently 3 patients with Conduct Disorder on the waiting list for treatment.

Please note that the 3 patients identified above have an open referral which means that they have had one contact and are waiting for a second contact.

**11. What is the current waiting list length for children and young people with ADHD at the trust?**

There are currently Nil patients with ADHD on the waiting list for treatment.

**12. What is the current waiting list length for children and young people with depression referrals at the trust?**

There are currently 19 patients with Depression / Low Mood on the waiting list for treatment.

Please note that the 19 patients identified above have an open referral which means that they have had one contact and are waiting for a second contact.