

FOI239 Response

Request

Please can you answer the following questions:

1. Have you heard of the Service SHOUT? **Yes / No**

2. **If Yes, please tick one of the following boxes below detailing where you have heard of the service.**
Advertisement on the tv
Word of Mouth
Have received Marketing communications
Other (Please detail)

3. Since the **beginning of the 2018/19 financial year**, have you commissioned or used (if free) any external provision to support individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include provision delivered directly to targeted populations or universal services marketed and offered in your locality? **Yes/No**

If **Yes**, please can you provide the following information about any external provision delivered since the beginning of the 2018/19 financial year.

- What is the name of the provision?
- Who is the provider?
- What is the focus/ are the main issues addressed by the provision? (*E.g., Relationships, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; anxiety and depression)
- Who is the provision aimed at? (E.g. Children and Young People, adults, New Parents, the locality population)
- How is the provision delivered? (E.g. group work, one to one work, marketing of support services, helpline etc.)
- Are there any target groups your current provision is unable to reach? (E.g. New parents, children in care, secondary school, unemployed etc.)
- What is the annual cost of the provision?
- If you have an ongoing contract/licence for the provision, when does this end?

We have provided the table below to record your answers.

Name of the provision	Provider name	What is the focus/main issues addressed by	Who is the provision aimed at? (* see examples above)	How is the provision delivered? (* see examples above)	Annual cost of the provision	Contract/ licence end date
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		the provision? (*see examples above)				

4. Do you have an annual budget for external mental health support provision? **Yes/No**

If **yes**, how much is the budget and how is it split? (E.g. Cost of service delivery, marketing budget for new service)

5. Since the **beginning of the 2018/19 financial year**, have you commissioned or used (if free) any external provision to train and support staff working with individuals who may be anxious, stressed, depressed, suicidal or overwhelmed and who need immediate support? This can include training for targeted populations or universal training within your locality? **Yes/No**

If **Yes**, please can you provide the following information about any training delivered since the beginning of the 2018/19 financial year.

- Who is the provider?
- What is the focus/ are the main issues addressed by the training? (*E.g. Healthy Relationships, online safety; bullying; domestic abuse/ healthy relationships; self-esteem /resilience; mental health; anxiety and depression)
- Who is the provision aimed at? (E.g. Children and Young People, adults, New Parents, the locality population)
- How is the provision delivered? (E.g. Face to Face training, e-learning, Virtual Training)
- What is the cost of the training?
- If you have an ongoing contract/licence for the training, when does this end?

We have provided the table below to record your answers.

Provider name	What is the focus/main issues addressed by the	Who is the provision aimed at? (* see examples above)	How is the provision delivered? (* see examples above)	Cost of the training	Contract/ licence end date
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	provision? (*see examples above)				

6. Are there any gaps in mental health support services that you feel Mental Health Innovations 'Shout' Text service could support? **Yes/No**

If **Yes**, please detail:

7. If Yes, above, would you be interested in Mental Health innovations Charity contacting you to discuss the support they are able to provide? **Yes/No**

If **Yes**, please detail:

Name:

Job Title:

Email Address:

Response

Background information: Birmingham and Solihull Mental Health Foundation Trust provide a wide range of inpatient, community and specialist mental health services. These services include rehabilitation, home treatment, community mental health services, assertive outreach, early intervention, inpatient services, day services and mental health wellbeing services.

The Trust has obtained an externally commissioned occupational health and wellbeing services known as People Asset Management (PAM) to support staff member's physical and mental health both inside and outside of work.

PAM is delivered via an internal referral system and provides the following,

- Physiotherapy services (whether the pain is caused by work or not)
- Counselling services
- Workstation assessments (the Trust's health and safety team also offer these)
- General confidential advice and wellbeing support via the phone
- An online confidential 'health manager' that allows you to record and monitor your fitness and wellbeing
- Online mental health wellbeing resources
- Legal – signposting on a number of legal issues, including consumer, property, landlord/tenant, family and motoring law.
- Financial and Debt – expert advice, help and support with financial difficulties.
- Health and Wellbeing – specialist nurses provide advice on lifestyle issues such as diet, exercise and sleep as well as health and medical matters.
- Child and Eldercare – support and advice if you are caring for an elderly relative or supporting a childhood illness in your family.

Pam is provided by People Asset Management Limited, the annual cost for the external provision is £492000 and the contract is due to expire on 31/03/2021.

The Trust is not aware of the service SHOUT and a response cannot be provided for question 6 & 7 of your request. This is because the questions do not fall under the remits of a Freedom of Information Request.

However, if you do wish to get in contact with the Trust please send your correspondences to the Trust Headquarters at the following address: Unit 1, B1, 50 Summer Hill Road Birmingham B1 3RB.