

FOI288 Response

Request

Under the Freedom of Information Act 2000, Please tell me:

1. Within your mental health trust (Birmingham and Solihull Mental Health NHS Foundation Trust) what was the average CAMHS waiting time to be seen in the following situation.

a. After referral to CAMHS, to the point of receiving first treatment.

a.i. In 2019, monthly breakdowns please

a.ii. In 2020, monthly average breakdowns please

2. Within your mental health trust (Birmingham and Solihull Mental Health NHS Foundation Trust) what was the average CAMHS waiting time to be seen in the CAMHS Eating Disorder Clinic

a) After referral to the CAMHS Eating Disorder clinic, to the point of receiving first treatment

a.i. In 2019, monthly breakdowns please

a.ii. In 2020, monthly average breakdowns please

3. Within your mental health trust (Birmingham and Solihull Mental Health NHS Foundation Trust) how long (in number of patients waiting to be treated, following a referral to CAMHS) was the CAMHS waiting list for all treatments?

a) in 2019, monthly breakdown please

b) in 2020, monthly breakdown please

4. Within your mental health trust (Birmingham and Solihull Mental Health NHS Foundation Trust) how long (in number of patients waiting to be treated, following a referral to CAMHS) was the CAMHS Eating Disorder Clinic waiting list?

a) in 2019, monthly breakdown please

b) in 2020, monthly breakdown please

5. Within your mental health trust (Birmingham and Solihull Mental Health NHS Foundation Trust) what were the longest that anyone has waited for the following CAMHS treatments, following a referral to CAMHS?

a. Talking therapies

a.i. in 2019

a.ii. in 2020

b. Eating disorder recovery

b.i. in 2019

b.ii. in 2020

c. All other treatment areas

c.i. in 2019

c.ii. in 2020

6. Within your mental health trust (Birmingham and Solihull Mental Health NHS Foundation Trust) how many CAMHS patients were prescribed medication for anxiety.

a. In 2019

b. In 2020

Response

Background Information:

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar.

We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP. The CAMHS Solar service accepts referrals from GPs, schools, Social Services self-referrals from young people and parents/carers.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

Please table below and note the following,

- The data is from the time period of 31st January 2019 – 31st January 2021.
- The response provided for question 1 is based on partnership waiting time.
- Partnership appointment is in relation to treatment start.
- Choice appointment is about an initial contact where an assessment is carried out.
- The response provided for question 2 is based on our national Eating Disorders waiting times reporting.
- The response provided for question 3 is based on a snapshot of patients with an open referral that have not started treatment at each month end.
- The response provided for question 4 is based on the number of patients waiting for their first CAMHS Eating Disorder (ED) appointment per month. Where a month is missing this indicates that no patients were on the waiting list.
- A response cannot be provided for question 5, this is because we do not readily capture waiting times for particular therapies. To obtain the requested information will require a manual search and collation which would exceed the threshold of carry out this task. The Trust therefore rely on the exemption Section 12 of the Freedom of Information Act 2000 to refuse this part of your request.