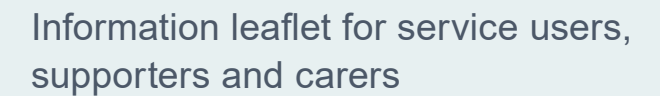


For more information, please visit our website at **www.bsmhft.nhs.uk**



What is the Liaison Psychiatry Service?

The Liaison Psychiatry Service is a specialised mental health service provided by Birmingham and Solihull Mental Health NHS Foundation Trust (BSMHFT). We work in different hospitals to support patients during their assessment, diagnosis and treatment.

What does the service offer?

We offer a compassionate, person-centred and non-judgemental service to patients suffering from mental health problems aged 16 and over, who are attending A&E or are inpatients in hospital. We work with other services such as Change Grow Live (CGL) who are experienced at working with adults of all ages.

Why is mental health support important?

Mental health support is important because:

- 1 in 4 people will experience some form of mental health condition in their lifetime
- mental health disorders such as depression, anxiety, alcohol addiction and memory problems are very common in general hospitals. Research has shown that they are often not recognised or treated

- 2 in 3 older adults admitted to a general hospital have or may develop mental health issues during their admission
- untreated mental health issues can lead to longer hospital admissions and poorer overall physical health in hospital inpatients.

How can I access the service?

The hospital staff caring for you may feel that it would be helpful for you to be visited by a member of the team. They will usually discuss this with you first.

What happens after I am referred?

We will visit you to do an initial assessment. During this, we will discuss any concerns you have. You can also have a family member or carer with you for support.

Together we will work through what further help you may need and draw up a plan of care. This is the action plan attached to this leaflet.

We will also continue to offer support and advice to you and your medical team whilst you are in hospital. Where appropriate we may also arrange further support for when you are discharged from hospital.

We will inform your GP of the agreed action plan and speak to other healthcare professionals where appropriate and with your permission.

Who is the service run by?

The team is made up of nurses, psychiatrists and psychologists.

Helpful numbers and websites*

Birmingham and Solihull Urgent Mental Health Helpline (managed by MIND)
0121 262 3555 (open 24/7)

Citizen's Advice Bureau
03444 111 444
www.citizensadvice.org.uk

National Debtline
0808 808 4000
www.nationaldebtline.org

Reach Out Recovery – support for domestic abuse, homelessness and addiction
0121 227 5890
www.changegrowlive.org
www.aquarius.org.uk

Relate – the relationship people
0300 100 1234
www.relate.org.uk

FRANK – confidential drugs info and advice
0300 123 6600
www.talktofrank.com

Alzheimer's Society
0300 222 1122
www.alzheimers.org.uk

Age UK
0800 055 6112
www.ageuk.org.uk

Carers Direct
0300 123 1053
www.nhs.uk/carersdirect

Samaritans – emotional support service
Freephone: 116 123
www.samaritans.org

MIND – mental health charity
0300 123 3393
www.mind.org.uk

CRUSE – bereavement care
0808 808 1677
www.cruse.org.uk

Shelter - Birmingham
0344 515 1800
www.englan.shelter.org.uk

Forward Thinking Birmingham
0300 300 0099
www.forwardthinkingbirmingham.org.uk

Sifa Fireside
0121 766 1700

Search for services across the West Midlands
Visit: www.the-waitingroom.org



Alternatively, scan the QR code on the right to search for the health and wellbeing services on your smart phone.

* The external organisations listed are independent of BSMHFT and are provided for information purposes only. BSMHFT will not be responsible for any advice or treatment provided by these organisations.