

From People In Partnership



# Resource Library Catalogue

For professionals working with people with a  
learning disability

Funded by Children, Families and Young Persons  
commissioning

2010-2011

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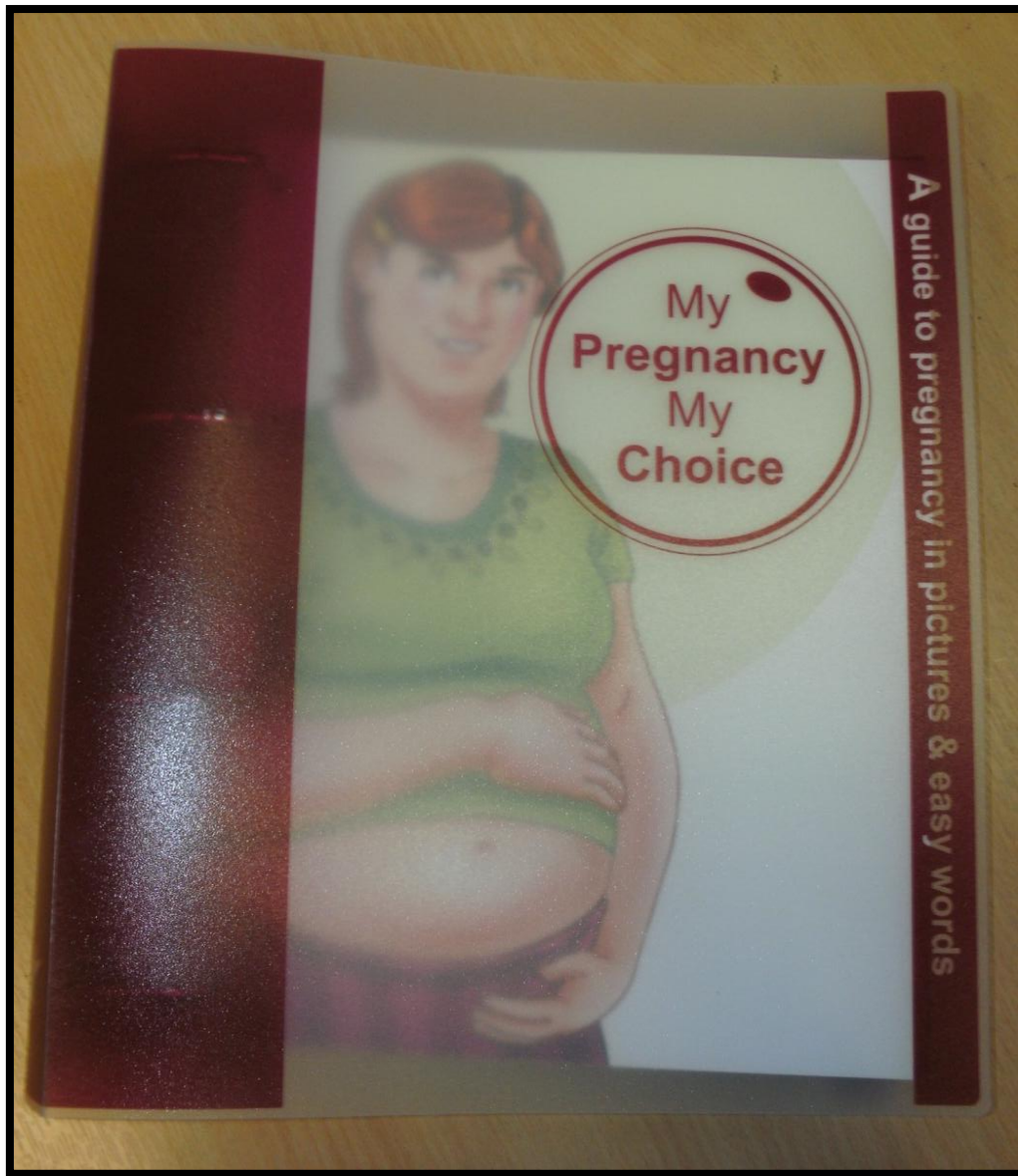
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# How to Borrow from the Resource Library

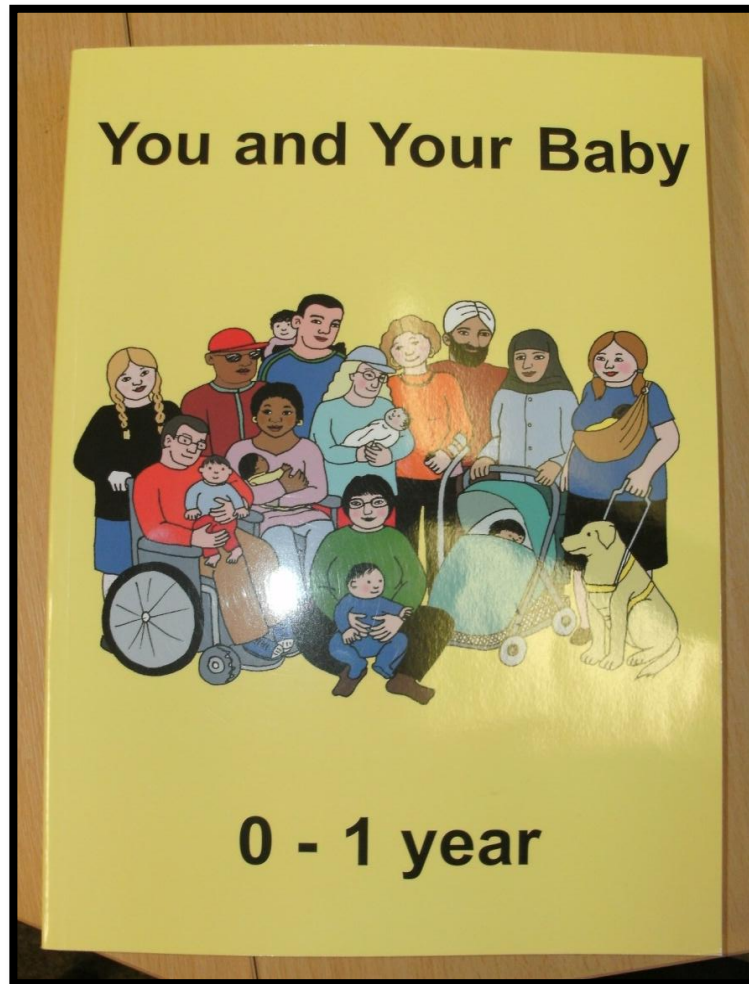
The Resource Library is based at the **People in Partnership office at the Southside Business Centre, 249 Ladypool Road Sparkbrook, B12 8LF.**

If you wish to come and view and/or borrow any of the resources please telephone **0121 4404685** to arrange a convenient time.

To borrow any of the resources, you will need to complete a form detailing your professional role, the agency where you work and full contact details. You will also need to sign to confirm that you will take good care of the resources and return them within the agreed time scale.



<i>Name</i>	My Pregnancy My Choice (Book)
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	<p>'My Pregnancy, My Choice' is an easy to read book which covers knowing if you are pregnant, antenatal care, the development of your baby, first days with your baby and problems during pregnancy. Topics also include making choices and preparing for labour and birth, what items you will need for your baby, feelings and relationships and looking after yourself during pregnancy. The book uses easy words and pictures and can be used to support parents to make choices about their pregnancy and birth.</p>



<b>Name</b>	<i>You and Your Baby 0-1 year (book)</i>
<b>Maximum time to loan</b>	2 Weeks
<b>Description</b>	You and Your Baby is an easy to read book which covers feeding, hygiene, types of food, teething and managing routines such as changing and sleeping. Topics also include spending time with your baby, family, support, money and saying no to abuse. The book uses easy words and pictures and can be used to support parents to take care of their growing baby.



<i>Name</i>	You and Your Little Child 1-5
<i>Maximum time to loan</i>	2 Weeks
<i>Description</i>	You and Your Little Child is an easy to read book which covers healthy eating, making meals, hygiene, potty training, play and learn, nursery and routines such as bathing and bed time. Topics also include parenting skills, safety, illnesses, vaccinations, allergies, health checks and saying no. The book uses words and pictures and can be used to support parents to take care of a growing child.

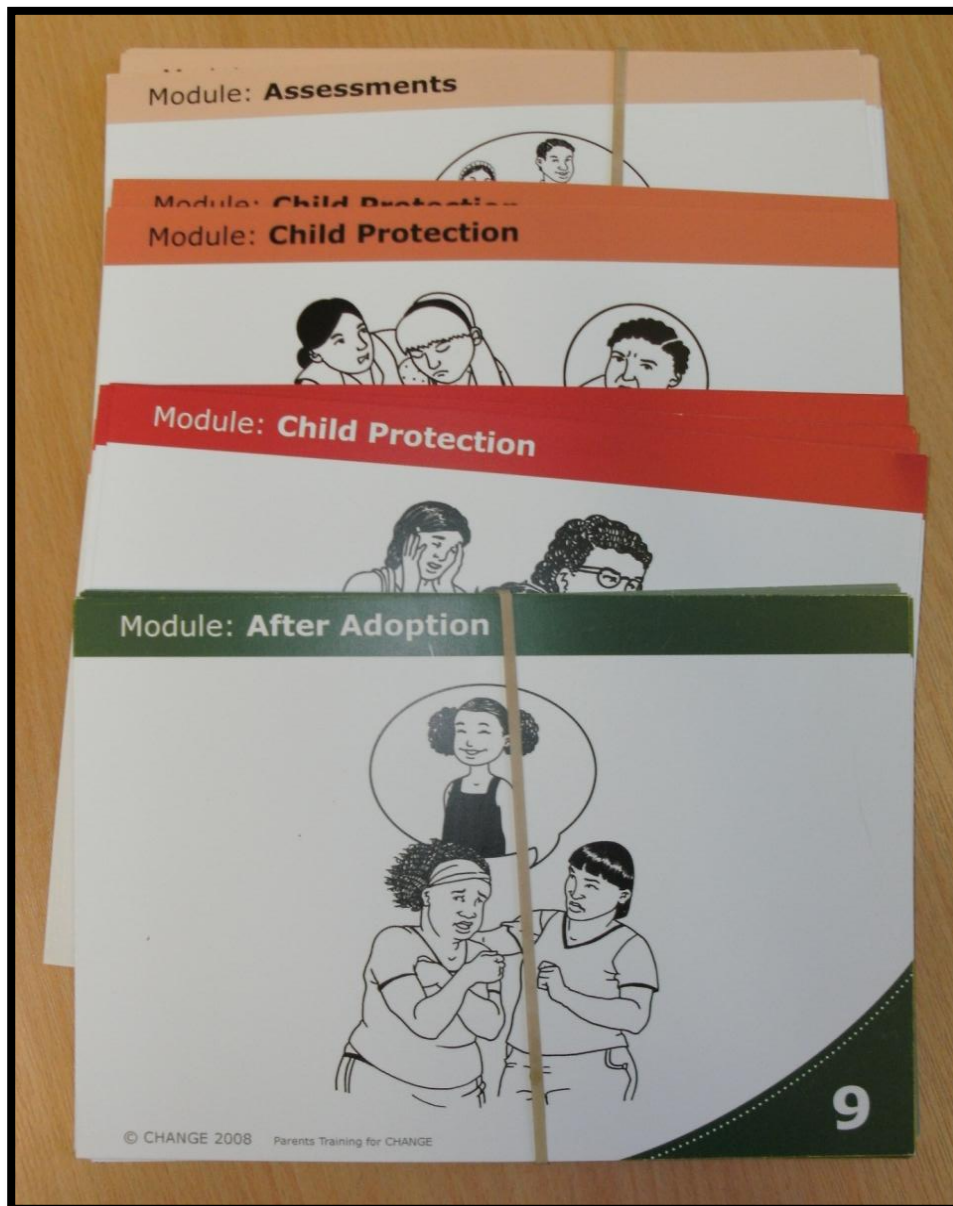


<b>Name</b>	<i>The Sex and Relationship Pack</i>
<b>Maximum time to Loan</b>	2 Weeks
<b>Description</b>	The Sex and Relationship Pack contains five easy read booklets covering Sex and Masturbation; Safe Sex and Contraception; Lesbian, Gay, Bisexual and Trans; Friendships and Relationships; and Sexual abuse. The booklets use easy words and pictures to encourage understanding around sexuality, and awareness of safe sex and personal safety. They can be used to support open discussion about all aspects of sex and relationships. Some pictures can be quite explicit.

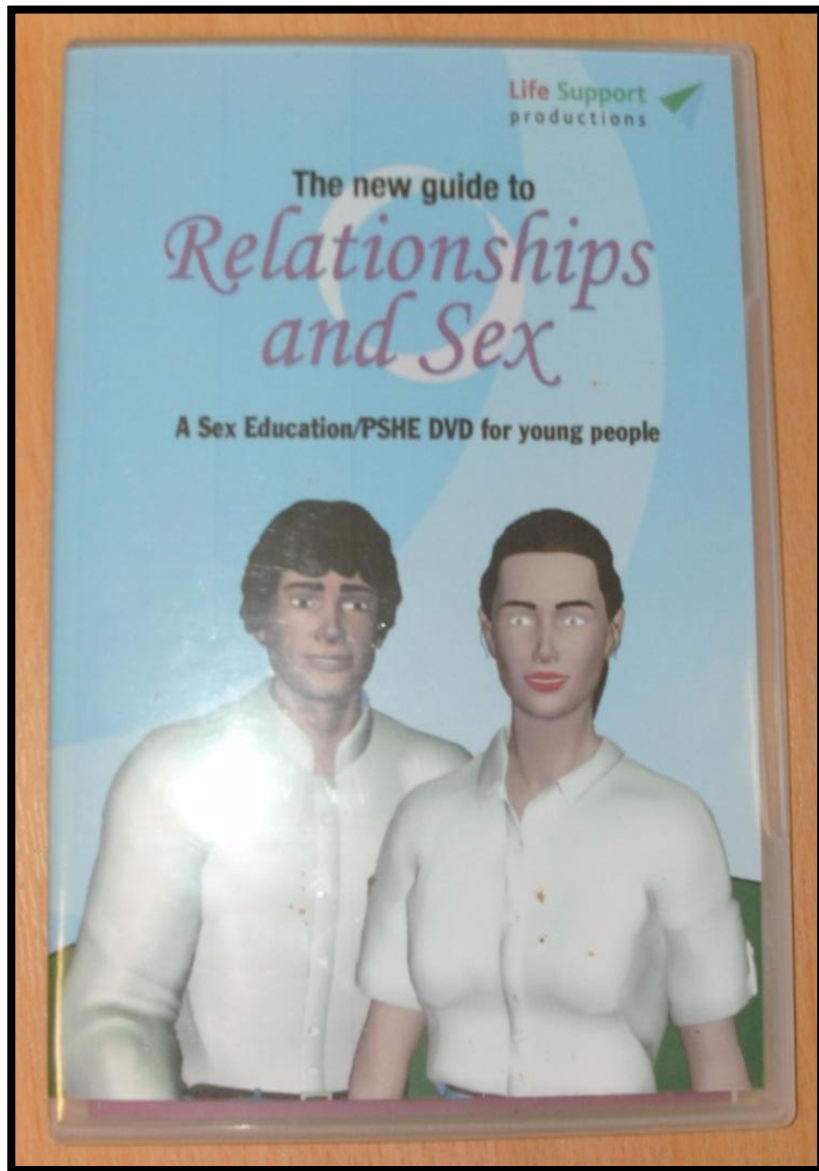


<i>Name</i>	<i>Planning a Baby</i>
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	An easy read accessible book developed for people with learning disabilities. Topics include contraception, sexual health, ovulation, healthy eating, pregnancy tests and fertilization. The booklet uses easy words and pictures to support people with learning disabilities to plan a baby.

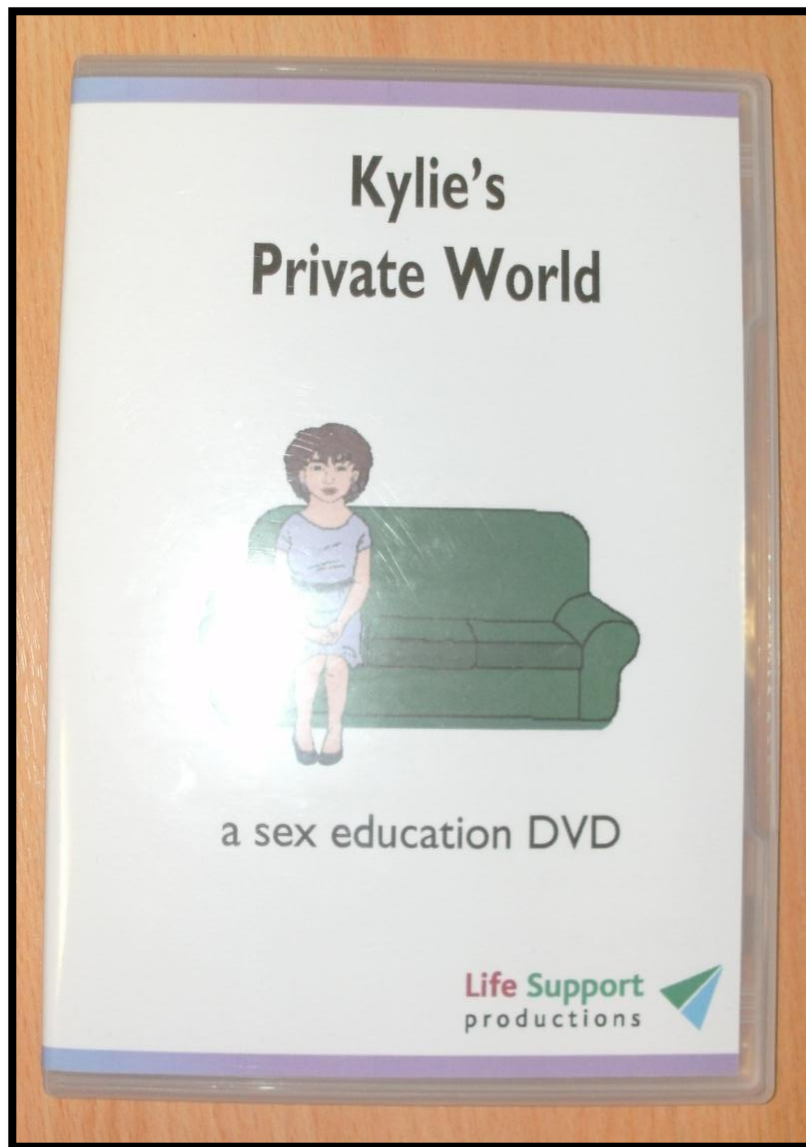




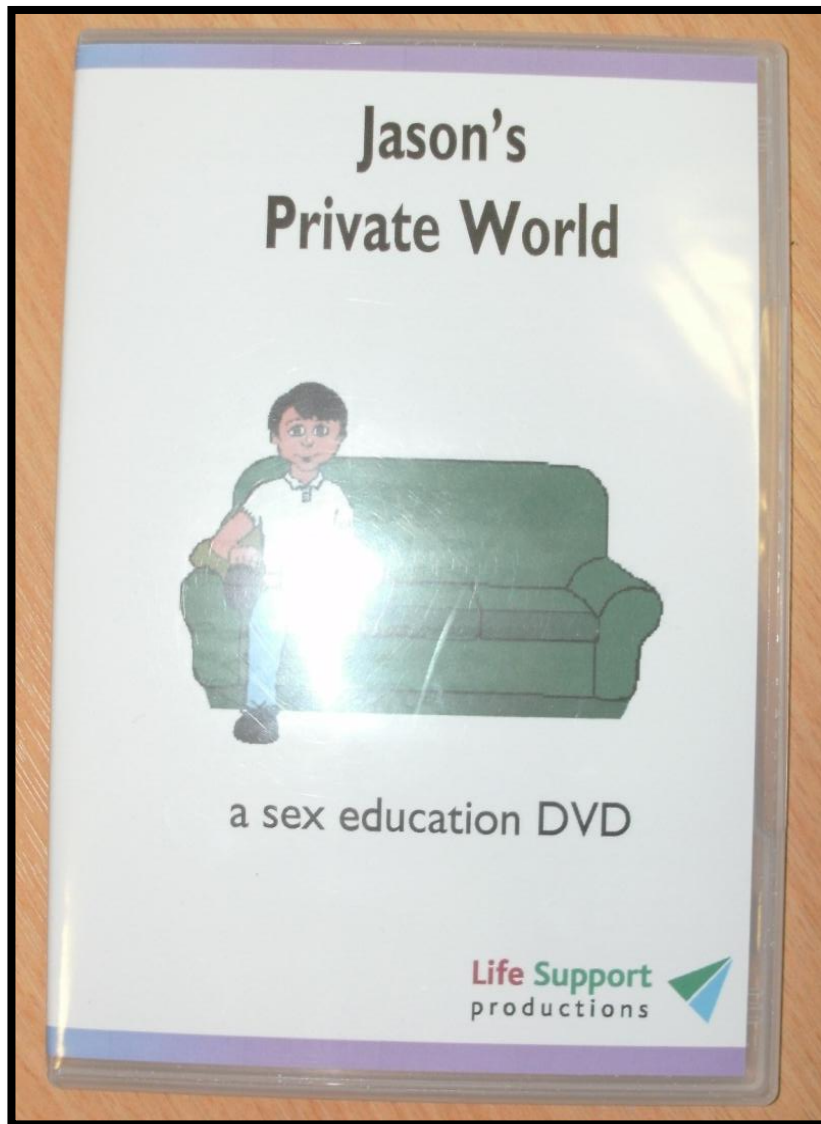
<i>Name</i>	Planning a Baby
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	These picture cards are a useful training resource. The images depict good and bad situations covering topics that affect the lives of parents with learning disabilities. Topics include After Adoption, Child Protection and Assessment. The images are based on the direct experience of parents with learning disabilities around the country.



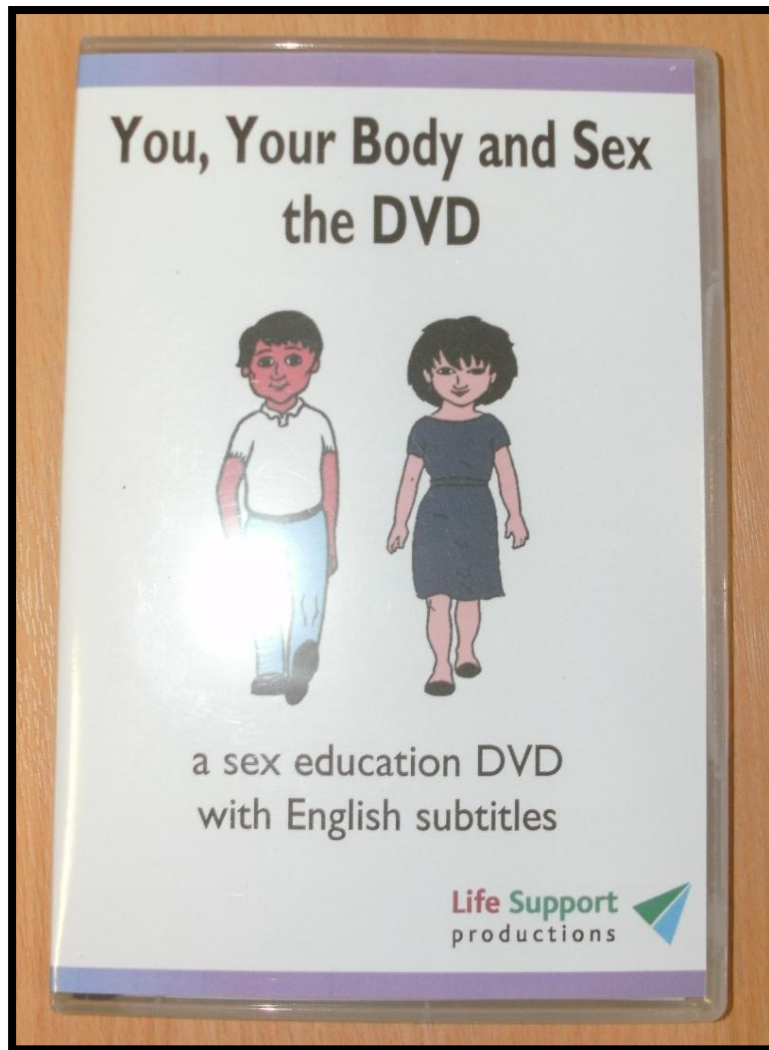
<i>Name</i>	The New guide to Relationships and Sex (DVD)
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	This DVD is produced using 3D animation throughout and is presented by two realistic and engaging characters. The menu covers the following topics: Growing up and body changes, menstruation and periods, masturbation and privacy, hygiene, first dates and petting, self examination and privacy, sex and attitudes, help and advice, consent and unwanted sexual advances, pregnancy and birth, Sex virginity consent and condoms, 'yes' and 'no', gay and straight relationships, sexual pleasure and contraception and gay sex.



<i>Name</i>	Kylie's Private World (DVD)
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	This is a sex education DVD suitable for use by women and girls with learning disabilities. Amongst others, topics covered include Growing up and the changes from childhood to adulthood, Periods & sanitary protection, masturbation, Keeping Clean and Personal Hygiene, Relationships, love and affection, loneliness, Consent and meeting someone, Safer Sex and condoms, Consent and saying 'No' , Sex and people's attitudes.



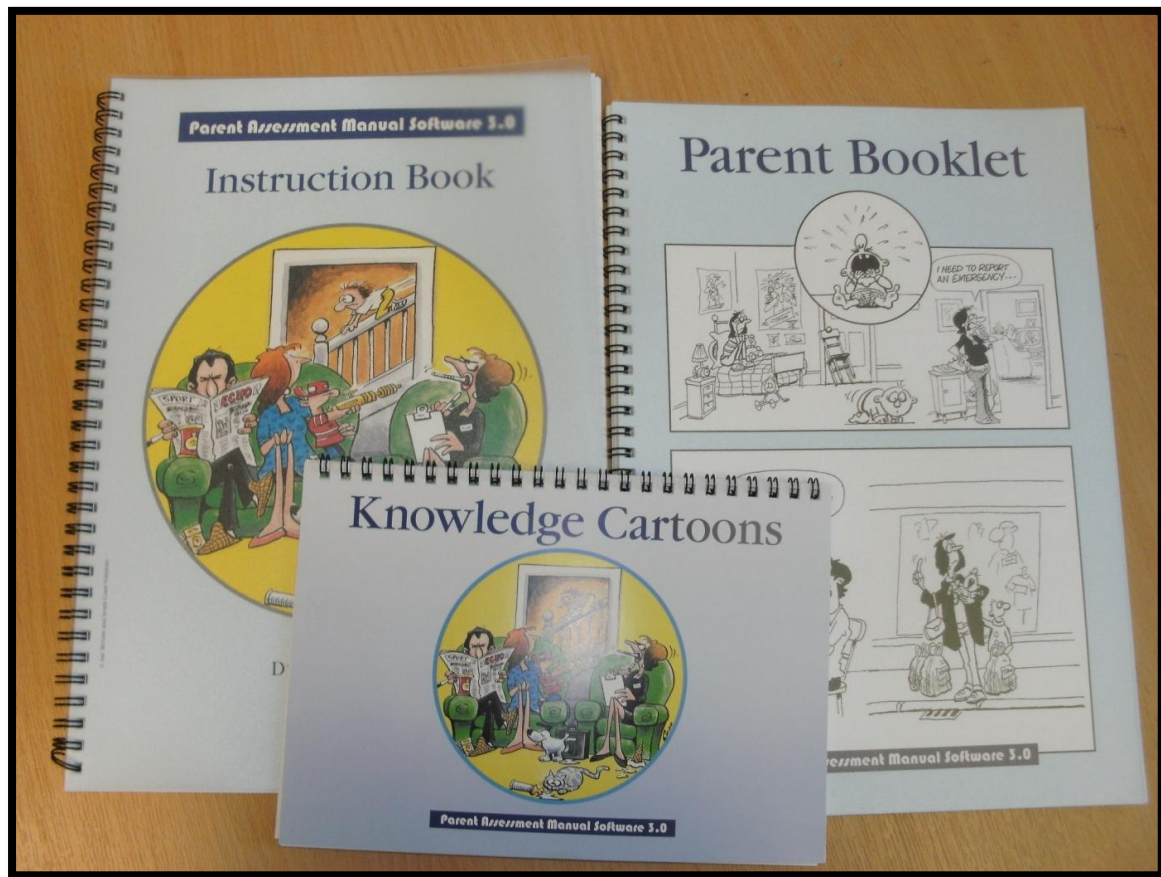
<i>Name</i>	Jason's Private World
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	This is a sex education DVD suitable for use by men and boys with learning disabilities. The DVD has strong emphasis on consent and how to both say "No" and understand when someone else says "No". Also emphasised is the use of condoms for safer sex. Amongst others, topics covered include growing up and body changes, self-examination, masturbation, sex and relationships, consent privacy and trust and loneliness.



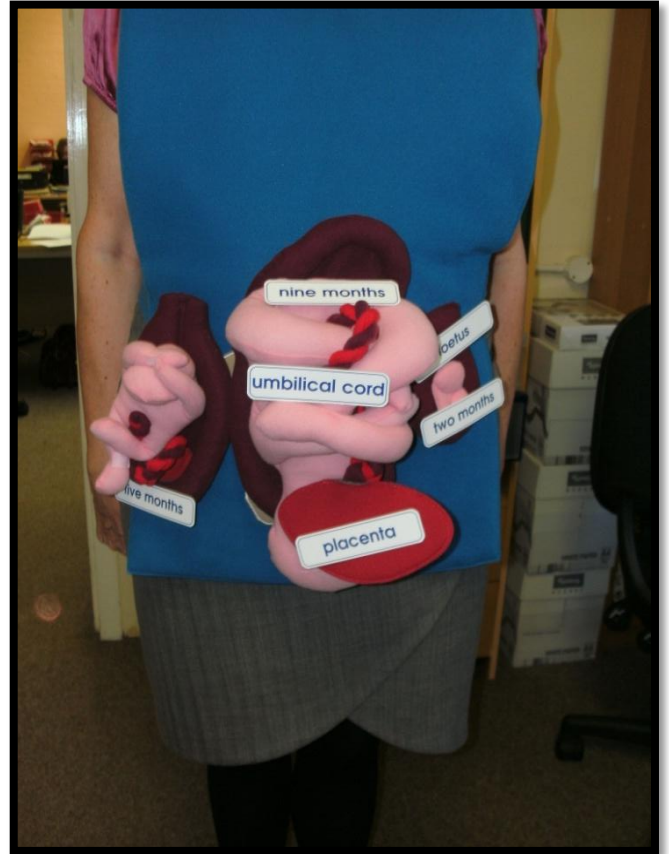
<i>Name</i>	You, Your Body and Sex (DVD)
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	Based on Jason's Private World and Kylie's Private World with additional material, the DVD has an easy to use menu system that allows carers and educators to match the needs of viewing groups and individuals. Topics covered, amongst others, include: Keeping clean, Personal hygiene, Consent, Saying 'no', Safer sex and condoms and Sex and people's attitudes.



<i>Name</i>	'Baby think it Over'
<i>Maximum time to Loan</i>	1 Week
<i>Description</i>	<p>The 'Baby think it over' infant simulator is a lifelike, life-size baby doll with realistic computerized responses, which allows people with learning difficulties/disabilities to experience some of the demands of infant care.</p> <p>Please note – The babies are pre-programmed and we do not have any access to the data that they store during sessions. These babies are to be used with supervision.</p>

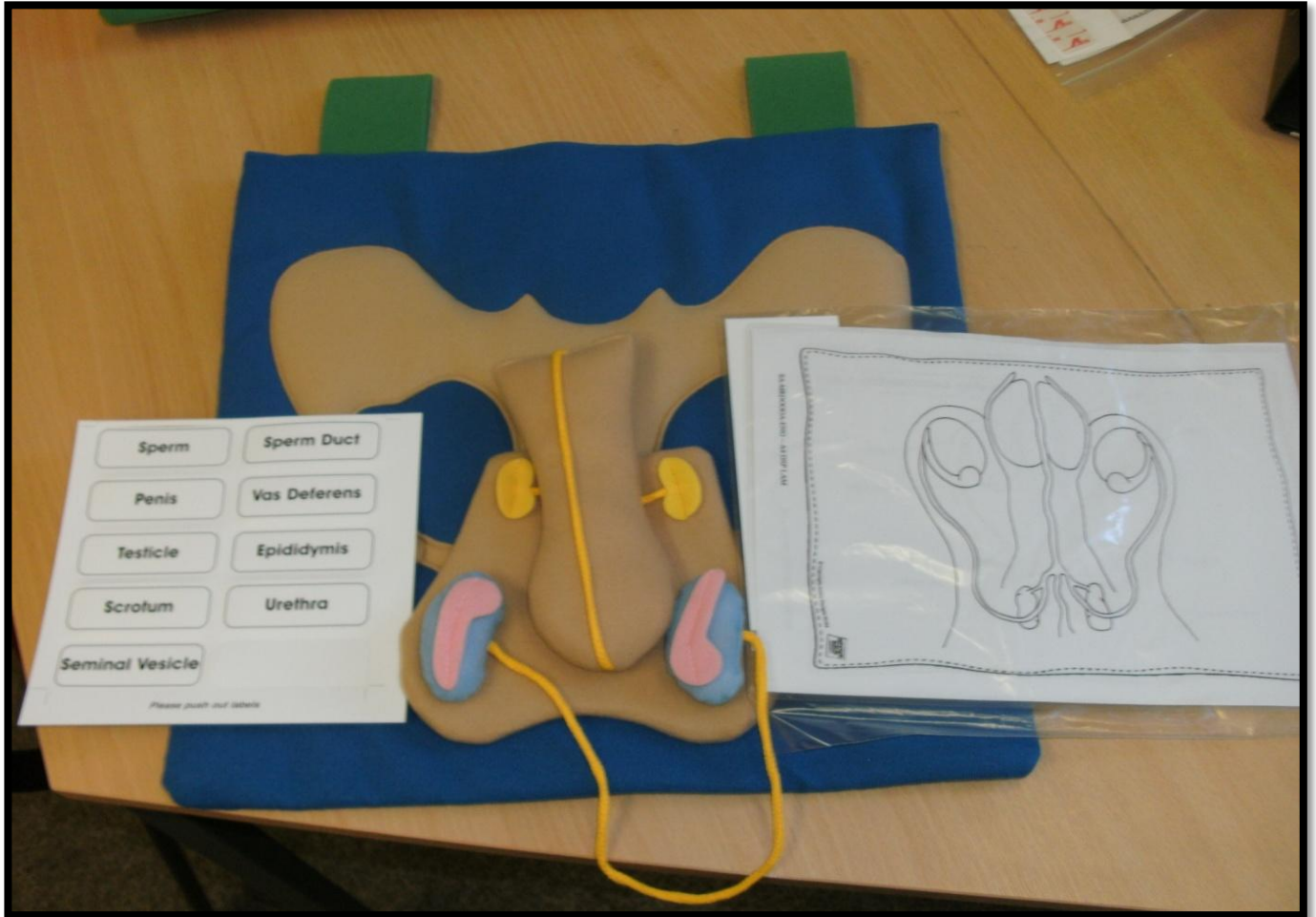


<b>Name</b>	Parent Assessment Manual Software 3.0
<b>Maximum time to Loan</b>	2 Weeks
<b>Description</b>	<p>The manual aims to help professionals establish what support parents need in order to provide 'good enough parenting'. The spiral bound Parent Booklet is to be completed by the parent. This booklet provides an alternative method for the assessment of skills that are difficult to observe. It is skill specific rather than exclusively knowledge based. An Instruction Book is included which guides the assessor on how to use and apply PAMS 3.0 during and after clinical assessments. This is an assessment resource specifically designed to assess parenting skills and the parent's ability to meet the child's developing needs. Assessments are based on parental knowledge using the McGaw cartoons, observation and a work book that each parent completes so that gaps in parenting knowledge and life skills can be identified. Both the professional and parent's perception of the family's needs are considered. The assessment incorporates observations, questionnaires (written &amp; visual aids) and structured interviews as well as a parent history.</p>



<i>Name</i>	Insides-out Baby Tunic
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	Using the Insides-out Baby Tunic will develop an understanding of the size, shape and position of the foetus as it grows inside the womb. The fabric 3-D models will enable those with learning disabilities to identify and label the 3 stages of development at 2, 5 and 9 months. This also provides an ideal opportunity to introduce key words such as foetus, uterus and umbilical cord. The tunic can be used to demonstrate the different developmental stages of a baby in the womb. The rest of the group can use the labels and learn about the way in which a baby feeds, breaths, moves etc whilst it is in the uterus.





<i>Name</i>	Male Reproductive Display
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	This 3-D visual aid is perfect for helping those with learning difficulties to understand the male reproductive system. It is helpful in identifying the different parts of the reproductive organs and their functions using the labels provided.



<i>Name</i>	Female Reproductive Display
<i>Maximum time to Loan</i>	2 Weeks
<i>Description</i>	This 3-D visual aid is perfect for helping those with learning difficulties to understand the female reproductive system. It is helpful in identifying the different parts of the reproductive organs and their functions using the labels provided. This can also be used to teach the process of ovulation and conception, using the egg and sperm provided.