

FOI 0139/2023 Response

I understand from the CQC's registration directory that you operate one or more 'mental health units', defined by the Mental Health (Use of Force) Act 2018 as follows:

- (a) a health service hospital, or part of a health service hospital, in England, the purpose of which is to provide treatment to in-patients for mental disorder, or
- (b) an independent hospital, or part of an independent hospital, in England —
 - (i) the purpose of which is to provide treatment to in-patients for mental disorder, and
 - (ii) where at least some of that treatment is provided, or is intended to be provided, for the purposes of the NHS.

Question 1.

Please could you list all your 'mental health units' as defined above, including those that provide treatment for psychiatric or behavioural problems linked to psychiatric disorders (e.g. depression, bipolar, schizophrenia, eating disorders), dementia, learning disabilities or autism.

Please see attached spreadsheet for the requested information.

Question 2.

Please provide copies of the 'restraint policies' prepared by each of these units in accordance with s3 of the Mental Health (Use of Force) Act 2018. If you are not sure what I mean by this, the government guidance is [here](#).

Please note that the Trust do not have a standalone Restraint Policy.

However, restraints is covered in the management of violence and aggression policy. Please see attachments for further information.