

FOI 0157 2023 Response

The longest wait to start treatment by a patient at your trust, after being referred to the Improving Access to Psychological Therapies (IAPT) programme, in each of the last 5 financial years:

Financial Year	Max Wait Time (Days)
2018/2019	252
2019/2020	242
2020/2021	350
2021/2022	472
2022/2023	446

***Note: The above data is in relation to the longest wait times for when a patient attends an arranged treatment appointment.

Delays can occur due to service issues, but also because patients cancel or are unavailable to attend appointments when they become available.