

FOI 0165/2022

1. Does your Trust provide adult eating disorder services?

Yes

2. If so, what is the current waiting time from referral to assessment?

Average Wait - 119 Days

3. What is the current waiting time from assessment to treatment?

Treatment types	Average Waiting time (Months)
Individual Therapy	18.1
CBT-10	2.9
E-learning (online guided self-help)	4.2
Guided self-help for Binge Eating Disorder	3.3
CBT group for ED	7.4
Emotional Eating Group	8.2

4. How many people are currently waiting for treatment?

Treatment types	Number of clients waiting
Individual Therapy	22
CBT-10	8
E-learning (online guided self-help)	4
Guided self-help for Binge Eating Disorder	7
CBT group for ED	17
Emotional Eating Group	27
Total	85