

FOI 02221/2023 Response

1. Who are the keys contacts in each centre that support with discharges and referrals?

*** Requester has confirmed that they are seeking a response for inpatient and community.**

Community Services

- There is no one person/team who support with referrals and discharges, the whole Community Mental Health Team (CMHT) /Neighbourhood Mental Health Team (NMHT) support with discharges and referrals.

Inpatient services

- Please note that Referrals and discharges are discussed in a weekly MDT for screening and triage plans and there is not a single team/person of contact.
- However the following services have a point of contact
 - o Deaf services : bsmhft.deafservices@nhs.net
 - o Eating Disorder service: bsmhft.eds.referrals@nhs.net

Please be aware that the Trust also has a Referrals (Single Point Of Access) – bsmhft.spoa@nhs.net and self-referral for Birmingham Healthy Minds on the following link: [Birmingham Healthy Minds - Birmingham and Solihull Mental Health NHS Foundation Trust \(bsmhft.nhs.uk\)](#)

In addition to this for urgent mental health help you can ring 0121 262 3555 or 0800 915 9292 for advice and support. This line is available 24 hours, 7 days a week and can be used whether you are known to our services or not.

2. Who can I send flyers to of our supported living mental health service and best to discuss the service we provide with?

bsmhft.commsteam@nhs.net and bsmhft.customerrelations@nhs.net