

FOI FOI0262/2023 Request

1. **Copies of your trust's observations policy, including equality impact assessment/analysis (please state if no EIA has been completed).**

The Trust is unable to provide the requested information. This is because the policy is currently under development/review and therefore intended for future disclosure.

The Trust therefore rely on exemption Section 22 of the Freedom of Information Act 2000, for your request for information.

2. **Copies of policies and documents pertaining to banned or restricted items (e.g. restrictions policies, banned items lists, room and possession search policies) Please include any equality impact assessments relating to banned items where available, please state if no EIA has been completed).**

Please also answer:

Please find attached the Trust's Blanket Restrictions Policy and note that exemption Section 40 has been applied to the document. This therefore means that staff members names and signature have been removed as we do not routinely release staff members personal. Information.

- a. **Does your trust permit hot water bottles on the wards (this vary between wards)**

Not a contraband item but not typically used or supplied.

- b. **Does your trust permit tampons on the wards (this may vary between wards).**

Yes

3. **Please describe ward bedroom and bathroom setup for the mental health wards under your trust. (For example "*ward A has 20 beds, all are en suite with one accessible bathroom; ward B has 10 beds, there are 2 single-sex shared bathrooms and 2 en suite female rooms*").**

Steps to Recovery Wards:

- Endeavour Court – all bedrooms with Ensuite bathrooms
- Rookery Gardens – all bedrooms with ensuite bathrooms
- Forward House – all bedrooms with ensuite bathrooms
- Dan Mooney House – bathrooms on each of the 3 corridors – 2 bathroom per 5 male service users
- David Bromley House– bathrooms on each of the 3 corridors – 2 bathroom per 5 female service users
- Hertford House – all bedrooms with Ensuite bathrooms
- Grove Avenue – all bedrooms with Ensuite bathrooms

Forensic Service

- Ardenleigh site – all ensuite

Acute and Urgent Care

- Ward 1- 14 beds- all have ensuite bathrooms , female acute
- Ward 2- 16 beds- all have ensuites, male acute
- Meadow Croft- 10 beds- all have ensuite, male PICU, Lavender
- 16 beds, all have ensuites, female acute, Zinnia- 16 beds, all have ensuites, male acute, NBH- 16 beds, 1 x ensuite and 4 x shared bathrooms.
- George Ward – 18 beds, 2 decommissioned, 1 ensuite not in use; and 3 communal bathrooms.
- Eden Acute – 16 beds, 3 ensuites, 5 communal bathrooms
- Eden PICU – 8 bedrooms ,2 ensuites and all bedrooms have a shower
- Endeavour – 12 with no ensuites, 4 communal bathrooms
- Larimar 15 beds and all ensuites

Specialities services

- Chamomile Suite mother and baby unit – 9 single sex rooms with en-suite toilet and shower facilities, one shared bathroom; 1 semi-independent flat inclusive of private bathroom.
- Jasmine Suite – 12 individual bedrooms, all with en-suite shower facilities. Jasmine is a mixed gender ward consisting of one corridor for female and one corridor for male patients .
- Cilantro Suite – 10 bedrooms with en-suite shower rooms, the single rooms can be used for either sex or are allocated on admission following risk assessment
- Vitivier – 2 bedrooms, one with en-suite. Separate toilet and washing facilities. Mixed gender however, as an investigation suite, stays are maximum 4 nights, planned in advance, and occupancy is planned as single sex at any given time.

4. Please describe the bathroom access for all seclusion suites and 136/health based places of safety. (e.g. “seclusion room 1 has en suite access, seclusion room 2 has toilet access but this is separate to the main room so in some circumstances patient may not have free access”).

For the Trusts Steps to Recovery Wards there are no 136/seclusion spaces.

For the Ardenleigh ward, all seclusions have bathroom access within the seclusion suite.

For the Acute and urgent wards, seclusion suite has its own toilet and shower in main seclusion area.

For the Specialties services there are no seclusion /136 spaces.

5. **Please provide copies of any ward posters or patient information about where to access menstrual products. Please state if your trust does not have any such posters or printed information.**

Steps to Recovery Wards: we do not have specific posters regarding menstrual products on our wards.

Ardenleigh ward: we do not have specific posters currently but will be implementing ward menstruation 'champions'.

Acute and Urgent wards: We do not currently have posters; this can be discussed at patient forum groups if required.

Specialities: we do not currently have specific posters regarding menstrual products on our wards.

6. **Please provide information relating to access to bins in ward bathrooms. This may be covered in waste policies, if so, please provide the policy and any associated equality impact assessment or state if this has not been undertaken. Please also provide details (e.g. "ward A has sanitary bins in all bathrooms; ward B has no bins in en suite bathrooms but has a sanitary bin in 1 female shared bathroom; ward C has no bathroom bins; ward D has cardboard bins available")**
- you may have other documents related to this question such as ward environment policies or procurement documents. If so, please provide these.

Steps to Recovery: we have waste and sanitary bins in every bathroom on all wards apart from Endeavour Court and Hertford House and Dan Mooney where sanitary bins are not in patient bathrooms as these sites are all male wards.

Ardenleigh: all wards have sanitary bins provided. If the service user is high risk of self-harm, then we may remove.

Acute and Urgent wards: Female wards in central, both wards with ensuites have individual sanitary bins and shared bins.

Specialities Services: Chamomile Suite – all bathrooms have sanitary and waste bins in en-suite bedrooms and shared toilet facilities on the ward

Jasmine Suite – All 6 female bedroom en-suites, and all shared toilet facilities in communal wards areas with sanitary bins.

Cilantro Suite – All ensuites have sanitary bins and general waste

Vitivier – sanitary and general waste bins in both the en-suite and the communal toilet facilities.

7. **Please provide copies of any policies relating to supporting patients when menstruating (or policies which discuss this matter) for example guidance for staff on supporting patients who are menstruating.**

we do not have such policies.

- 8. Do you provide menstrual products for patients on your wards? If so, please explain the processes or provide relevant documents discussing this. For example, do wards purchase these through petty cash or are they ordered through the NHS supply chain? If available please provide ordering sheets for menstrual products over the past 1 year.**

Steps to Recovery wards: Products are not typically supplied unless requested by the service user in which case they would be in the short term.

Ardenleigh: We keep a supply of menstrual products that can be used in an emergency for patients. We have an on-site shop where items can be purchased by patients.

Acute and Urgent wards: We order sanitary towels via NHS supplies, tampons are not available however, we can purchase via petty cash or patient can bring in their own.

Specialities service: Products are not typically supplied unless requested by the service user in which case, they would be supplied in the short term.

Chamomile Suite – keep a stock purchased via supply chain for if and when needed however, often patients will provide their own.

Jasmine Suite - keep a stock purchased via supply chain for if and when needed however, often patients will provide their own

Cilantro Suite – do not keep a stock and patients provide their own however, would be able to utilise stock from elsewhere in the building if needed

- 9. Please provide copies of any documents relating to patient engagement/discussion around menstruation - for example community minute notes where period products, bins, or privacy when on periods are discussed.**

Steps 2 Recovery: Any discussions with service users on this would be kept in the confidential clinical record.

Ardenleigh: we have a female Advanced Nurse Practitioner (physical health) who provides education/interventions/ support around female health needs including menstruation and menopause and contraception. The Matron and Advanced Nurse Practitioner (ANP) are currently devising a plan to have a female menstruation 'champion' on each ward so that there is a designated member of staff for advise/ support and access to sanitary products as and when required .

Acute and Urgent: Any discussions with service users on this would be kept in the confidential clinical record.

Specialities Services: Any discussions with service users on this would be kept in the confidential clinical record.

- 10. Please provide copies of weight restoration or weight management policies related to inpatient eating disorder services within your trust (if this service is provided). Your policies may have different names.**

We do not have specific policies with regard to weight restoration or weight management relating to inpatient eating disorder services. We follow the NICE guidelines with regard to weight restoration