

FOI 0284/2023 Response

This request relates to outpatient/community patients discharged by your trust who were being treated for an eating disorder (primary or secondary eating disorder diagnosis; please include all eating disorders, i.e., ICD10 code F50: Eating Disorders).

1. Please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your trust in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).

Please note: Team discharges where the person was transferred to another community Team within the Trust, referrals that were never accepted on caseload as not in scope, and referrals withdrawn by patient have been removed.

Year	Total Discharged
2018	171
2019	209
2020	193
2021	164
2022	137
Total	874

2. Of those, please state the total number of outpatients / community patients with an eating disorder diagnosis that were discharged from your trust with a BMI below 15 in each of the following years: a) 2018, b) 2019, c) 2020, d) 2021, e) 2022 and f) total 2018-2022 (1 Jan 2018 to 31 Dec 2022).

Please see the table in question 3e.

3. Of the TOTAL discharged with a BMI below 15 between 1 Jan 2018 and 31 Dec 2022 (i.e., the total you provided in answer to question 2F), please state:
 - a) The number of patients that were discharged from a) a specialist community/outpatient eating disorder service if you have one, and b) general community/outpatient care.
 - b) The number of patients that were a) aged 18 and above, and b) aged below 18.
 - c) The number of patients who had a BMI of a) 14-14.99, b) 13-13.99, c) 12-12.99 and d) <12
 - d) The exact BMI of the patient discharged with the lowest BMI

e) Please provide a breakdown of where patients were discharged to - i.e., inpatient setting / another NHS Trust / palliative care / no onwards care organised by the trust etc. (If data is not recorded or retrievable in this format, please provide any information you have available concerning which NHS or non-NHS treatment/service these patients were discharged to)

Please see the table below which holds the response to question 2-3e.

Year	Total Discharged BMI < 15	Specialist Service	>= 18 years	BMI 14-14.99	BMI 13-13.99	BMI 12-12.99	BMI < 12	Lowest BMI	Discharge Destination
2018	0	0	0	0	0	0	0	-	-
2019	0	0	0	0	0	0	0	-	-
2020	1	0	1	0	0	0	1	10.5	Place of residence
2021	0	0	0	0	0	0	0	-	-
2022	2	0	2	2	0	0	0	-	Place of residence (x2)

4. Please provide any internal Trust documents relating to the treatment of patients with a ‘Longstanding Eating disorder’ or ‘Severe and Enduring Eating disorder’ or ‘Severe and Enduring Anorexia Nervosa’ (otherwise known as ‘L-ED’ / ‘SEED’ / SE-AN) in inpatient and outpatients settings.

The Trust is unable to provide the requested information. This is because the policy is currently under development/review and therefore intended for future disclosure.

The Trust therefore rely on exemption Section 22 of the Freedom of Information Act 2000, for your request for information.