

## FOI 028\_2021 Response

Please provide restraints information under the FOI act to the following questions: -

### 1. Please supply any Restraints/investigations

The Trust is unable to provide a response to this question, this is because obtaining the requested information will require exhaustive measures which exceeds the threshold of carrying out this task.

The Trust therefore, rely on exemption Section 12 of the Freedom of Information Act 2000 to refuse this query.

### 2. How many RESTRAINTS in 2021?

In 2021 the Trust recorded 3582 incidents of restraint .  
(Physical, Mechanical, Chemical (Rapid Tranquilisation)

### 3. What proportion of patients were men/women?

Gender	Count
Female	1920
Male	1660
Unknown / Not Recorded	2

### 4. How old were they?

Age Group	Count
< 20	372
21 - 30	881
31 - 40	488
41 - 50	502
51 - 60	863
> 60	474
Unknown / Not Recorded	2

## 5. What proportion of patients were classified BAME?

<b>Ethnicity</b>	<b>Count</b>
A - British - White	2196
B - Irish - White	27
C - Other White - White	77
D - White & Black Caribbean - Mixed	74
E - White & Black African - Mixed	79
F - White & Asian - Mixed	39
G - Other Mixed - Mixed	34
H - Indian - Asian Or Asian British	72
J - Pakistani - Asian Or Asian British	192
K - Bangladeshi - Asian Or Asian British	46
L - Other Asian - Asian Or Asian British	93
M - Black Caribbean - Black Or Black British	233
N - Black African - Black Or Black British	188
P - Other Black - Black Or Black British	55
R - Chinese - Other Ethnic	11
S - Other Ethnic Category - Other Ethnic	106
T - White - Gypsy Or Irish Traveller	10
U – Arab	17
Unknown / Not Recorded	33

## 6. How many RESTRAINTS were investigated outside the NHS and CCG?

Not recorded on our system.

## 7. How many patients died during or 1 month after RESTRAINTS and what was the cause (whether or not RESTRAINTS was considered the cause)?

<b>Cause</b>	<b>Count</b>
Natural Cause / Clinical Condition	2
Known Cause	1
Unknown Cause	3
Suspected Suicide	1

Disclaimer: The table above lists the number of patients that have died within 1 month of a restraint. Please note incidents involving restraints and deaths can be mutually exclusive.

**8. How many patients died within 6 months after RESTRAINTS and what was the cause (whether or not RESTRAINTS was considered the cause)?**

Cause	Count
Natural Cause / Clinical Condition	7
Known Cause	1
Suspected Suicide	2
Suspected Natural Cause (Earlier Than Expected)	2
Unknown Cause	6

Disclaimer: The table above lists the number of patients that have died within 6 months of a restraint. These figures also include deaths from Q7.

Please note incidents involving restraints and deaths can be mutually exclusive.

**9. How many patients died by suicide within 6 months of receiving RESTRAINTS (whether or not RESTRAINTS was considered the cause)?**

There were no patients who died by suicide within 6 months following an incident involving restraint (note, Trust suicides are determined by the coroner).

Of the 2 incidents reported as a suspected suicide, 1 case is still awaiting a determination from the coroner and is subject to change.

Please note incidents involving restraints and deaths can be mutually exclusive.

**10. How many patients have suffered complications during and after RESTRAINTS and what were those complications?**

Not recorded on the Incident Reporting System.

**11. Have there been any formal complaints from patients/relatives about RESTRAINTS?**

The Trust is unable to provide a response to this question as obtaining the requested data will require exhaustive and manual measures which exceeds the threshold of carrying out this task.

The Trust therefore, rely on exemption Section 12 to refuse this aspect of your request.

**12. If so, what was their concerns?**

Please refer to our response in question 11.

**13. Are counts of forced injections available?**

In 2021 the Trust recorded 1172 incidents of restraint by Rapid Tranquilisation.

Disclaimer: note an instance of restraint can involve multiple types of restrictive interventions. Therefore, the restraint figures listed in Q2 and Q13 will not always be mutually exclusive.

**14. How does the Trust plan to reduce restraints in the future?**

The Trust has recently refreshed its 5-year quality strategy and has launched a reducing restrictive practice Quality Improvement collaborative that has a specific aim to reduce the incidents of restraint and seclusion.

Results from the first year of the QI collaborative show reductions in restraint, prone restraint, and rapid tranquilisation in collaborative areas.

The Trust has formally submitted a pledge to the Restraint Reduction Network (RRN) which has been published on their website.

In addition to this the Trust has gained formal accreditation for its reducing restrictive practice and safer holding training through the BILD ACT (British Institute for Learning Disabilities, Association of Certified Training) and UKAS (United Kingdom Accreditation Service).