

FOI 0298/2023 Response

***NOTE Background Information:

Please note that Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's, and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service (Solar).

We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties.

The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull area, or have a Solihull GP.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

1. At what point – from the list below - does the Community Eating Disorder Service/s for Children and Young People and any other relevant mental health services provided by your Trust currently stop the 'waiting times clock' for children and young people with an eating disorder? If the Trust provides more than one relevant service, please list answers separately for each.

As per national definitions for CYPED waits and in line with NICE guidelines, the clock is stopped for waits once one of the below activities has occurred:

- Family therapy
- Cognitive behavioural therapy
- Guided self help

2. Does the Community Eating Disorder Service/s for Children and Young People and any other relevant mental health services provided by your Trust provide the assessment and first treatment session for children and young people with an eating disorder on the same date? If the Trust provides more than one relevant service, please list answers separately for each.

Yes treatment starts on the first appointment.

3. Please list the clinical interventions that the Trust currently uses as justifications to stop the 'waiting times clock' for children and young people with an eating disorder. If the Trust provides more than one relevant service, please list answers separately for each.

Please refer to the response provided for Q1.

4. Please disclose the median and mean gaps (in calendar days) between the appointment used to stop the 'waiting times clock' and the subsequent individual or single family (not group) treatment appointment for children and young people with an eating disorder.

Please do this for each of the (tax) years listed below, based on the year in which the clock was stopped. If the Trust provides more than one relevant service, please list answers separately for each.

Financial Year	Median	Mean
20192020	7	10.7
20202021	7	10.2
20212022	8.5	16.8
20222023	10	17.4