# National survey of community forensic mental health services

| Trust Name:  | Birmingham and Solihull Mental Health NHS<br>Foundation Trust  |
|--|--|
| What is the population size of the Trust:  | Service Users Open to Trust: 54,556  |
| Does the Trust have a Community<br>Forensic Mental Health Team?  | ⊠Yes<br>□No  |
| Does the Community Forensic Mental<br>Health Team catchment area cover<br>the same geographical area as the<br>Trust catchment area? | <ul> <li>☐Yes</li> <li>☑No, it covers more than the Trust catchment area</li> <li>☑No, it covers only part of the Trust catchment area</li> </ul>  |
| How does the Community Forensic<br>Mental Health Team interface with<br>other forensic and non-forensic<br>services?                 | <ul> <li>Integrated with other forensic services, e.g. low secure services</li> <li>Standalone community forensic team working in parallel with other services</li> <li>Integrated with general psychiatric services, e.g. forensic clinicians working within non-forensic teams</li> <li>Other, please specify: Click or tap here to enter text.</li> </ul> |
| Where is the Community Forensic<br>Mental Health service physically<br>based?  | <ul> <li>Based in a secure hospital</li> <li>Based in other hospital settings</li> <li>Based in a shared general community team base</li> <li>Other, please specify: Has its own community building</li> </ul>   |

**Demographics** (please tick where appropriate)

## **Staff and patient** (please tick where appropriate)

| What staff make up the Community        | ⊠Psychiatrist, FTE: 5.0                               |
|---|---|
| Forensic Mental Health Team? (Please    | ⊠Psychologist, FTE: 1.80                              |
| indicate the full-time equivalent (FTE) | ⊠Assistant Psychologist, FTE: 1.0                     |
| positions for each profession)          | Community Psychiatric Nurse, FTE: 21.33               |
|   | ⊠Social Worker, FTE: 15.0                             |
|   | ⊠Occupational Therapist, FTE: 3.0                     |
|   | ⊠Other, please specify: Support Time Recovery Worker, |
|   | FTE: 8.79   |
|   | ⊠Other, please specify: Substance Misuse              |
|   | Worker/Practitioner (2.91 FTE), Councelling (1.0FTE), |
|   | Nurse Assoiate (1.0FTE), FTE: 4.91                    |
|   | ⊠Other, please specify: Technical Instructor (1.0FTE) |
|   | Admin and Clerical (7.0FTE) , FTE: 8.0                |
|   |   |
| What is the current target number of    | 18-20   |
| patients for one FTE care co-           |   |
| ordinator?                              |   |
| Is this target being met?               | □Yes  |
|   | □No, under target                                     |
|   | ⊠No, over target                                      |

| What is the current target number of patients for one FTE consultant? | 40  |
|---|---|
| Is this target being met?   | □Yes<br>□No, under target                                 |
|   | ⊠No, over target  |
| What is the legal status of patients on                               | Restriction Order; Click or tap here to enter text.       |
| the Community Forensic Mental   | Community Treatment Order; Click or tap here to           |
| Health Team caseloads? (If known,                                     | enter text.   |
| please indicate estimates of how many                                 | ⊠Informal Community Patient; Click or tap here to enter   |
| per status)   | text.   |
|   | □Other, please specify: Click or tap here to enter text.; |
|   | Click or tap here to enter text.                          |
| Does the FCMHT retain responsibility                                  | □Remain under Forensic CMHT                               |
| for all patients subject to a Section 41                              | Stepdown pathway, please specify: Step down to AOT        |
| restriction order, or is there a pathway                              | or CMHT when risks stabilised                             |
| to a stepdown service?  |   |
|   |   |

## Referrals (please tick where appropriate)

| Does the service have clear             | ⊠Yes  |
|---|---|
| policies/guidelines for referral        | □No   |
| procedures? (If yes, please attach the  |   |
| policies/guidelines to the email when   |   |
| returning this questionnaire)           |   |
| Does the service use a referral         | ⊠Yes  |
| form/assessment? <b>(If yes, please</b> | □No   |
| attach the policies/guidelines to the   |   |
| email when returning this               |   |
| questionnaire)                          |   |
| Are patients discharged from local      | □Yes  |
| secure hospitals automatically taken    | ⊠No   |
| on by the Community Forensic Mental     |   |
| Health team on discharge?               |   |
| How many referrals are received per     | 116   |
| year? (from Jan-Dec 2022)               |   |
| If known, how many of the referrals     | 35  |
| are accepted into the service per       |   |
| year?                                   |   |
| From what sources are referrals         | Prison; Click or tap here to enter text.  |
| accepted? (If known, please indicate    | General Community Teams; Click or tap here to enter                                       |
| how many referrals from each source     | text.   |
| were received in 12 months to end       | □GP; Click or tap here to enter text.   |
| 2022)                                   | □Inpatient (non-secure); Click or tap here to enter text.                                 |
|   | □Inpatient (forensic); Click or tap here to enter text.                                   |
|   | ⊠ Other, please specify: Probation Service (1),   |
|   |   |
|   | Prison (21) Police (2) Independent low secure   |
|   | Prison (21), Police (2) Independent low secure<br>inpatient(6), Independent medium secure |

|                                       | Trust(2), Internal to BSMHFT (1); Click or tap here to enter text. |
|---------------------------------------|--|
| Does the service accept patients with | □Yes   |
| a primary diagnosis of personality    | ⊠No  |
| disorder?                             |  |

## **Services offered** (please tick where appropriate)

| What services are provided?            | ⊠Case management  |
|--|---|
|  | ⊠Liaison with justice agencies  |
|  | ⊠Psychologically informed interventions for specific risk; please specify what interventions: Psychology/OT |
|  | group and individual.   |
|  | □Other services, please specify: Click or tap here to   |
|  | enter text.   |
| Is any of the treatment provided by an | ⊠No   |
| outside service rather than the        | Section Yes, please specify: Click or tap here to enter text.   |
| FCMHT?                                 |   |
| Is there any specific out of hours     | □No   |
| provision for FCMHT patients?          | Yes, please detail: On call service provided by   |
|  | CPN/Medic/Social Worker   |

#### **Risk Assessment Tools** (please tick where appropriate)

| Does the Community Forensic Mental    | ⊠Yes                                       |
|---------------------------------------|--|
| Health Team use risk assessment       | □No  |
| tools?                                |  |
| Is this a mandatory part of the       | ⊠Yes                                       |
| assessment process for entry into the | □No  |
| service?                              |  |
| Which risk assessment tools are       | HCR-20 and local Trust risk screening tool |
| utilised?                             |  |