

## **FOI 037 2023 Resposne**

**For the past five years:**

*For all the below:*

- PD defined as ICD-10 diagnoses with a parent code of F60 or F61
- Years interpreted as calendar years up to last completed year

### **Q1 The number of people who have been or are currently being treated for a personality disorder**

*Treatment defined by requester as any intervention provided to someone with PD.*

*BSMHFT consider diagnoses recorded against a referral as the conditions relevant to the individual's treatment during the course of that referral.*

*As such, we have provided numbers of people with an open referral in the period with a PD diagnosis recorded against that referral*

*However, please note that these numbers should be treated with caution because:*

*a) There may be some under-counting both due to missing diagnostic information and due to a reluctance to assign the PD label to service users;*

*b) That some of the people included may during any given period be receiving treatment primarily for other mental health conditions and not necessarily for their personality disorder*

<b>Calendar Year</b>	<b>Number of Service Users</b>
2018	2552
2019	2868
2020	2664
2021	2517
2022	2606
Current	1836

### **Q2 How many have received therapy**

*Following clarification from the requester we have restricted these numbers to Dialectical Behaviour Therapy (DBT) as the therapy identified in NICE guidelines as appropriate specifically for treating personality disorders. However, many people in this cohort will have engaged in other therapies assessed as being appropriate to their needs*

*Numbers provided for this question include anyone in the cohort in Question 1 who either had an activity of DBT scheduled or had an open referral with the DBT clinical team in the period.*

<b>Calendar Year</b>	<b>Number of Service Users</b>
2018	87
2019	87
2020	67
2021	81
2022	88

### **Q3 The average treatment plan assigned**

*The number of sessions of therapy offered is not recorded in a way that allows it to be analysed without a review of case notes which is beyond the time constraints of an FOI.*

*The Trust therefore, rely on exemption Section 12 of the Freedom of Information Act 2000 to deny this aspect of your request.*

### **Q4 The number of those who have stopped therapy before completing the recommended time**

*As per our response to Q3, the treatment plan will vary significantly and as such we cannot determine which individuals engaged in less treatment sessions than that recommended without a review of case notes.*

*The Trust therefore, rely on exemption Section 12 of the Freedom of Information Act 2000 to deny this aspect of your request.*

### **Q5 And the number of people who have been successfully treated**

*See response to Q4 above.*