

FOI 0249/2023 Response

Request

I am looking for information about waiting times for adult eating disorders treatment. As such, under the Freedom of Information Act, I would like to request the following information:

1. Number of adults currently waiting for specialist treatment of an eating disorder in your trust as of August 2023.

I'd also like that information for the following years: Aug 2018, Aug 2019, Aug 2020, Aug 2021, and Aug 2022.

2. Number of children and young people currently waiting for specialist treatment of an eating disorder in your trust as of August 2023.

I'd also like that information for the following years: Aug 2018, Aug 2019, Aug 2020, Aug 2021, and Aug 2022.

3. Average waiting time in weeks for adults referred to specialist treatment for an eating disorder from assessment to the start of treatment as of August 2023.

I'd also like that information for the following years: Aug 2018, Aug 2019, Aug 2020, Aug 2021, and Aug 2022.

4. Average waiting time in weeks for children and young people referred to specialist treatment for an eating disorder from assessment to the start of treatment as of August 2023.

I'd also like that information for the following years: Aug 2018, Aug 2019, Aug 2020, Aug 2021, and Aug 2022.

5. What is the longest estimated waiting of a current patient as of August 2023?

6. Number of specialist eating disorder staff currently employed by the trust to provide treatment for specialist treatment of eating disorders as of August 2023.

I'd also like that information for the following years: Aug 2018, Aug 2019, Aug 2020, Aug 2021, and Aug 2022.

Response

Please see tables below for the requested information and note the following:

- Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service, Solar.

We provide multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull borough, or have a Solihull GP.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.

Adults

Treatment clock stop occurs on second contact (first post assessment contact) in Service

Date	Number Waiting	Average Wait in Weeks	Longest Wait in Weeks
31/08/2018	10	9	28
31/08/2019	34	10	30
31/08/2020	21	20	59
31/08/2021	42	16	46
31/08/2022	41	16	81
31/08/2023	32	24	123

Child Young People (CYP)

Treatment begins on first contact so number waiting treatment is also the number awaiting assessment with wait between assessment and treatment defaulting to 0

Snapshot Date	Number of Patients Waiting Treatment	Average Weeks Waiting Treatment	Longest Wait Weeks for Treatment
31/08/2018	1	0	0
31/08/2020	3	0	0

31/08/2021	2	0	0
31/08/2022	6	0	0
31/08/2023	0	0	0

The Number of specialist eating disorder staff currently employed by the trust		
Date	Headcount	WTE
Aug-23	38	37.36
Aug-22	37	34.67
Aug-21	38	35.91
Aug-20	37	34.20
Aug-19	37	34.95
Aug-18	37	34.44