

## FOI 0575 2024 Response

### **Request**

1. Do you have a specialist service for long Covid patients within your trust? Please name the clinic/service
2. How many patients in your local NHS area have been referred to the clinic/service to date? Please break down by year to date ie 12 months to this date in 2024 and then each of the previous 12 months back to the start of the service
3. Is the service physician-led?
4. Please provide figures for how many patients referred to the clinic/service received the following type of treatment in-house:
  5. physical rehabilitation – please give details
  6. Graded exercise therapy
  7. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
  8. Advice on pacing
  9. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
  10. drug treatment
  11. other, please specify
12. Does the service have the ability to prescribe medications to long Covid patients for symptoms where appropriate?
13. If so, please list the 3 most common drugs prescribed for long Covid patients by the clinic, with numbers of prescriptions if possible
14. Does the service have the ability to order diagnostic tests and scans?
15. If so please list the 3 most commonly ordered tests/scans/diagnostic questionnaires for long Covid patients by the clinic
16. If not provided in-house, which of the following types of services does the clinic/service refer patients onto or recommend?
  17. physical rehabilitation – please give details
  18. Graded exercise therapy
  19. CBT or other psychological intervention – please state whether this is to cope with symptoms or with a view to improving/treating them
  20. Advice on pacing
  21. A brain retraining or Neuro Linguistic Programming-based course such as the Lightning Process, Gupta Programme or Nuffield programme (please specify which)
  22. drug treatment
  23. other, please specify
24. How many staff do you have working in the service FTE (full time equivalent) broken down by job title of:
  - a) doctor
  - b) nurse
  - c) physiotherapist
  - d) occupational therapist
  - e) clinical psychologist/ CBT practitioner / psychotherapist/counsellor
  - f) other, please specify
25. For any doctors employed, please specify their specialism eg GP, cardiologist, neurologist, psychiatrist
26. Is the clinic expected to continue running after 2025?

**Response**

The Trust is not commissioned to provide a Covid-19 clinic for mental health services.

Please note that the Trust have worked in partnership with acute and community Trusts around long covid. However this has been via an in-reach model as opposed to the Trust being the main provider.