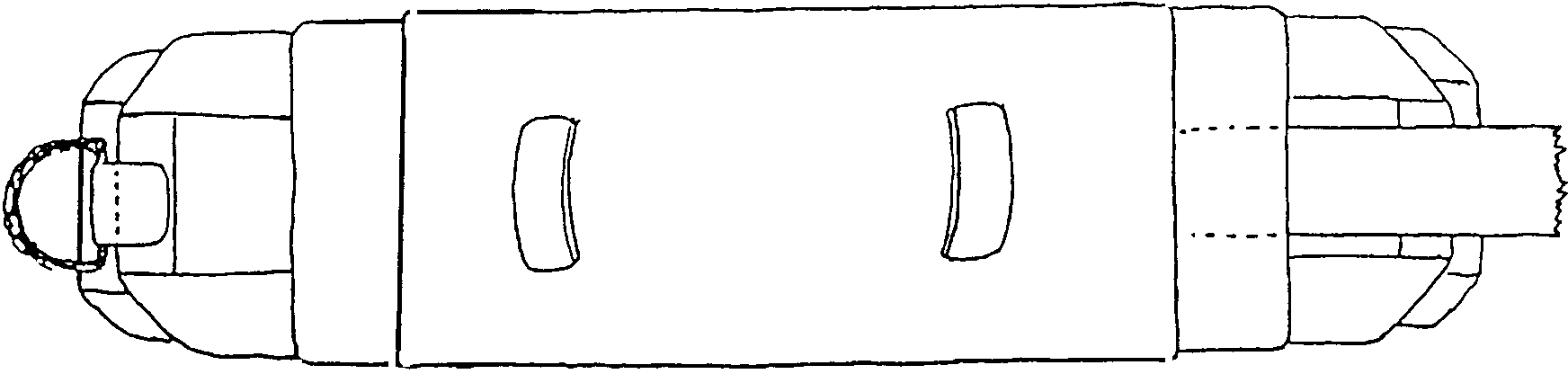


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**Soft Restraint System (SRS) Programme Workbook**

**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**



1

2

2

3

3

4

5

6

6

**1.**

Name the various component parts of the Soft Restraint System (SRS)

|  |  |
| --- | --- |
|  | ANSWER |
| 1 |  |
| 2 |  |
| 3 |  |
| 4 |  |
| 5 |  |
| 6 |  |

1. The Manual Handling Operations Regulations 1992 permit full weight lifts only in E……………… or L……… T………………… Situations (Add the missing words)
2. The Soft Restraint System (SRS) must only be applied for a **maximum** period of: (please indicate)

1 Hour

45 Minutes

30 Minutes

1. Once applied the restrained individual must be moved away from which position as soon as possible? (please indicate)

Prone (face down)

Kneeling

Sitting

1. A Person May Use Such Force as is Reasonable in the Circumstances in the Prevention of Crime, or in the Effecting or Assisting in the Lawful Arrest of Offenders or Suspected Offenders, or of Persons Unlawfully at Large’. Therefore any use of force and/ or restraint equipment must be: (Add the missing words)

P……………………..

N……………………..

1. Please circle

|  |  |
| --- | --- |
| Which Article of the Human Rights Act 1998 **promotes the right to life** | 8 2 3 5 |
| Which Article of the Human Rights Act 1998 **prohibits the use of torture?** | 8 2 3 5 |
| Which Article of the Human Rights Act 1998 **promotes the right to liberty and security of person?** | 8 2 3 5 |
| Which Article of the Human Rights Act 1998 **promotes the right to respect family and private life** | 8 2 3 5 |

1. List the Four checks to be made when an SRS is applied

1

2

3

4

1. Describe Positional Asphyxia

|  |
| --- |
|  |

1. Label the 3 elements required for normal breathing
2. In line with the training package once the SRS has been applied nursing staff must……………leave the service user alone under any circumstances (Add the missing word)