

FOI 0267/2024 Response

****Background Information****

Birmingham and Solihull Mental Health NHS Foundation Trust, Barnardo's, and Autism West Midlands work together to provide emotional wellbeing and mental health services for children and young people in Solihull within our Child and Adolescent Mental Health Service (Solar).

Solar is a secondary care service which accepts referrals from children, young people, and parents/carers themselves, alongside referrals from professionals.

Solar provides multi-disciplinary assessment and treatment of children and young people with mental health or severe emotional and behavioural difficulties. The service currently accepts children and young people, until their 19th birthday, who are residents in the borough of Solihull, go to school or college in the Solihull area, or have a Solihull GP.

Please note, that for information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust."

**1. How many children (under 18) have been referred to CYMPHS/CAMHS in the last five years. [Between April 6 - April 5]?
For each year, can you provide the number of children referred broken down by primary cause (such as, anxiety, depression etc.)**

Year	Number of patients
2019/2020	1662
2020/2021	1794
2021/2022	2206
2022/2023	1996
2023/2024	1989
Total	9647

Breakdown by year and primary cause. (Note: some patients were referred multiple times in a year for different reasons and this is the reason for the differences in the 'totals' between the 2 tables.

Primary Cause	Year					Grand Total
	2019/2020	2020/2021	2021/2022	2022/2023	2023/2024	
Adjustment to health issues	2	1	6	9	11	29
Anger	215	142	195	208	181	941
Anxiety	753	996	830	693	820	4092
Attachment difficulties	27	14	59	71	95	266
Autism Spectrum Disorder (Diagnosed)	33	41	53	52	61	240
Autism Spectrum Disorder (Suspected)	28	17	91	44	74	254
Bipolar disorder		2				2
Conduct disorders	82	51	46	25	11	215
Depression	13	1	19	56	20	109
Drug and alcohol difficulties				1		1
Eating disorders	40	53	42	48	74	257
First episode psychosis (Suspected)					2	2
Gender discomfort issues	6	7	10	5	1	29
In crisis	87	79	112	86	104	468
Looked after children - Consultation	25	34	49	13	3	124
Low Mood	358	338	369	217	241	1523
Neurodevelopmental Conditions, exclu	14	12	52	25	53	156
Not stated	3					3
Obsessive compulsive disorder	16	25	25	29	17	112
Ongoing or recurrent psychosis	1					1
Organic brain disorder			1	1		2
Other	6	10	332	304	75	727
Panic Attacks				1		1
Perinatal mental health issues					1	1
Personality disorders	1	1	2	1	2	7
Phobias	5	6	9	9	1	30
Post-traumatic stress disorder	30	5	12	41	31	119
Relationship difficulties	9	10	30	32	18	99
Self harm behaviours	47	61	76	93	158	435
Self-care issues	3	3	4	7	4	21
Unexplained physical symptoms	7	1	5	4		17
Grand Total	1811	1910	2429	2075	2058	10283

2. For children referred this year alone (Between April 6 - April 5 2023/24), how many received treatment?

935 children
(461 children are currently waiting to start treatment)

**3. Between April 6 - April 5 2023/24, how many referrals to CAMHS were either deemed inappropriate or rejected? By 'deemed inappropriate or rejected' I am referring to the number of referrals who did not meet the criteria for further initial appointment/ treatment/ support.
Note: Deemed 'inappropriate' prior to assessment**

309 referrals

4. Between April 6 - April 5 2023/24, what was the average and maximum waiting times for CAMHS treatments from referral to first appointment? (Based on completed waits)

Max Waiting Time (Days)	Avg Waiting Time (Days)
528	69

5. Between April 6 - April 5 2023/24, how many CAMHS patients were sectioned?

2 patients (both detained under S136)

6. As of September 2024, how many children and adolescents are on the waiting list for CAMHS? (Note: Waiting for assessment)

235 service users