

FOI 0273/2024 Response

- 1. Does your organisation provide or contract out cognitive interventions, including Cognitive Stimulation Therapy (CST), as part of post-diagnostic services for dementia patients?**

We provide directly rather than contracting out.

- 2. If you contract this out please can you confirm the provider(s)?**

N/A.

- 3. What is the current waiting period for patients to access cognitive interventions including CST at your organisation?**

Currently due to staffing resources and high referral rate, the wait time is 6-8 months from referral to attending a CST Group.

- 4. How many psychologists currently work in services delivering cognitive interventions to dementia patients in your organisation?**

There is no specific delivery of CST from psychological professionals.

- 5. Are there other healthcare professionals, allied health professionals or support staff who deliver cognitive interventions specifically CST to dementia patients in your organisation?**

Yes – Occupational Therapist (OT), nursing staff and support workers.

Regarding Cognitive Stimulation Therapy specifically:

- 6. How many CST groups does your organisation currently run concurrently?**

Four Groups run concurrently in two locations

- 7. How many CST sessions have been delivered in the 2024/25 financial year to date?**

8

- 8. What is the average size of a CST group in your organisation?**

6

- 9. Is there currently a waiting list for CST groups? If so, how many patients are on it?**

300

10. Does your organisation offer online CST services?

During the COVID-19 Pandemic yes.

There is still an offer of Virtual Groups but due to staffing levels we are unable to offer this on a regular basis.

11. How many online CST groups do you run per year?

N/A

12. What is the average size of an online CST group?

6 plus Carer

13. What was the budget allocation for CST in your organisation for the 2024/25 financial year?

The Trust is unable to provide a response for this query. This is because we don't separately split /capture the CST from our budget.

14. Please provide the budget allocations for CST in your organisation for the financial years 2021/22, 2022/23, and 2023/24.

The Trust is unable to provide a response for this query. This is because we don't separately split /capture the CST from our budget.

15. What recorded plans or strategies does your organisation have to expand access to CST?

No recorded strategies presently