

FOI0357/2024 Response

Dear Information Officer,

Please release the following information relating to treatment and outcomes for adult patients with eating disorders:

1. All available treatment pathways for patients with eating disorders in the Trust’s various specialist services (e.g. inpatient / day patient / community)?

Please select all treatments and settings that apply:

- a. Early intervention pathway (such as FREED)
- b. Recovery focused pathway (not early intervention)
- c. Medical management or stabilisation pathway (such as MEED)
- d. Pathway for long-standing eating disorders (such as SEED)
- e. End of life pathway (such as palliative care)
- f. Any other type of treatment pathway not otherwise included
- g. No named pathway (e.g. monitoring rather than active treatment)

Suggested table to provide answers split by available pathways and available settings.

	Inpatient service	Day Patient service	Outreach service	Community service	Other service (please specify)
a. Early intervention pathway (such as FREED)	FREED patients can be admitted to inpatients but there is no specific inpatient pathway for them	FREED patients can be admitted to day treatment but there is no specific day treatment pathway for them	Yes	Yes	

b. Recovery focused pathway (not early intervention)	Yes	Yes	Yes	Yes	
c. Medical management or stabilisation pathway (such as MEED)	Yes	Yes	Yes	Yes	
d. Pathway for longstanding eating disorders (such as SEED)	Yes	Yes	Yes	Yes	
e. End of life pathway (such as palliative care)	No	No	No	No	
f. Other pathway (please specify)					
g. No named pathway (e.g. monitoring)					

***NOTE: This table assumes that patients fit within very specific pathways and that this is how we offer treatment. In BSMHFT we don't put people onto specific pathways; all of our treatment offered is individualised to the person and their current needs and they may be offered a mix of various different things. It may be that they start for example in day treatment with the aim of stabilising their physical health but then end up aiming towards full weigh restoration.

2. The number of eating disorder patients in total on each available pathway and in each available setting so far this year and in each of the past 5 years.

- If you can't break the pathways down by setting, please provide the total number on each pathway across the Trust, regardless of setting.
- If you can't break the settings down by pathway, please provide the total number in each setting within the Trust, regardless of pathway.
- If possible, please give inpatient numbers separately for SEDU / acute wards / mental health wards / general wards etc.

Suggested table to provide answers:

		2024 to date	2023	2022	2021	2020	2019
Early intervention pathway (such as FREED)	TOTAL						
	Inpatient						

	Day Patient						
	Outreach						
	Community						
Recovery focused pathway (not early intervention)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Medical management or stabilisation pathway (such as MEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Pathway for long- standing eating disorders (such as SEED)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
End of life pathway (such as palliative care)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Other pathway (please specify)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						

No named pathway (e.g. monitoring)	TOTAL						
	Inpatient						
	Day Patient						
	Outreach						
	Community						
Total in Inpatient services		41	36	33	33	41	41
Total in Day Patient Services		26	18	29	30	19	37
Total in Outreach services							
Total in Community Services		378	398	385	432	310	295
OVERALL TOTAL EATING DISORDER PATIENTS IN TRUST		405	415	409	454	334	317

Note:

- Patients may have been treated under multiple pathways each year, so the sum of separate pathways may be higher than the total patient figure.
- This table assumes that patients fit within very specific pathways and that this is how we offer treatment. In BSMHFT we don't put people onto specific pathways; all of our treatment offered is individualised to the person and their current needs and they may be offered a mix of various different things. It may be that they start for example in day treatment with the aim of stabilising their physical health but then end up aiming towards full weigh restoration.

3. The number of patients in total with an eating disorder that have died of any cause so far this year and in each of the past 5 years.

Year	2024 to date	2023	2022	2021	2020	2019
Number of deaths	2	1	3	1	2	0

NB we have defined 'patients with an eating disorder' using the definition of being within 28 days of discharge or contact from an ED service.

4. Of the patients in question three, above, please provide the location in which the death occurred, for example, in an acute hospital, in the Specialist Eating Disorder Unit, in a palliative care setting, elsewhere in the Trust, or outside any Trust setting.

Location	2024 to date	2023	2022	2021	2020	2019
Acute hospital	1	1	2		1	
SEDU						
Palliative care setting						
Elsewhere in Trust (please specify)						
Outside Trust	1		1		1	
Unknown				1		

5. Please provide a copy of your Trust's SEED (Severe and Enduring Eating disorder) pathway or similar pathway for patients with long-standing eating disorders.

The Trust is unable to provide the requested information.

This is because our SEED document is currently under review and does not reflect what we are able to offer since Community Transformation investment or what we are actually currently offering.

Please note that we are planning to co-produce a new document in 2025 with Expert By Experience members (EBEs).

The requested information is therefore intended for future publication and the Trust rely on exemption Section 22 of the Freedom of Information Act 2000.