

## **FOI 0429/2025 Request**

**Dear NHS Mental Health provider,**

**I am making this request under the Freedom of Information Act 2000.**

**I understand from the CQC's registration directory, and your website, that you operate one or more 'mental health units', defined by the Mental Health (Use of Force) Act 2018, and that one or more of these units is either providing mental health inpatient services for people with learning disabilities, or sometimes accommodates people with learning disabilities as part of a wider adult mental health services**

### **Request 1.**

**Following a previous FOI for 'restraint policies', please provide any adaptations of restraint-related policies, or procedures, for people with learning disabilities, e.g. easy read guidance. We are particularly interested in sourcing good practice in how people with learning disabilities are supported when they come into NHS mental health units.**

Currently, the Trust do not have leaflets produced in an easy read format, and this has been raised within the Trust's Reducing Restrictive Practice Steering Group, as part of the service user workflow.

We are currently working our way through all of the Reducing restrictive interventions /Restraints Reduction Plan leaflets to ensure they are co-produced.

The Trust has also drafted a seclusion poster that is currently being worked on, this is also co-produced with Service Users, Experts by Experience, speech and language therapists, and clinicians to try to make it simple and easy to understand. Please see attached for the draft poster.

Furthermore, current leaflets regarding physical interventions, guides on Service Users searches and Safewards have been re-written, and will be translated into easy read and BSL formats.

### **Request 2.**

**Please could you list the 'mental health units' as defined above, which provide treatment to people with learning disabilities, either exclusively, or as part of wider adult services.**

As a Trust, we are not specifically commissioned to support patients with learning disabilities. However, we do treat patients with mental health needs who may also have a learning disability. As such, people with learning disabilities may receive treatment at any of our sites.