

FOI 0440_2024 Response

I am writing to request information regarding the Clozapine titration protocol within Birmingham and Solihull Mental Health NHS Foundation Trust specifically in relation to the following points:

1. Clozapine Titration Protocol:

Please provide a copy of or details about the current Clozapine titration protocol used by the Trust. This includes the procedures, guidelines, and any specific criteria followed for titrating Clozapine doses.

Attached.

Please note that an exemption Section 40 has been applied. This is because we do not release staff members personal information.

2. Outpatient and/or Community Titration:

Does Birmingham and Solihull Mental Health NHS Foundation Trust offer Clozapine titration in outpatient and/or community settings? If so, when was this service first introduced?

Yes – prior to 2008

3. Specialised Teams vs. CMHT Responsibilities:

Is Clozapine titration conducted by a specialised team within Birmingham and Solihull Mental Health NHS Foundation Trust, or are Community Mental Health Teams (CMHTs) expected to carry out the titration as part of their general duties? If it is done by a specialised team, please provide further details regarding the structure of the team.

For community titration, agreed by the patients Community Mental Health Teams (CMHT), and overseen by the home treatment team (HTT) in partnership with the CMHT.

4. Clozapine Titration for Under-18s:

Does Birmingham and Solihull Mental Health NHS Foundation Trust offer Clozapine titration for patients under the age of 18? If so, when was this practice introduced and are there any specific guidelines for titrating Clozapine in this age group?

Not currently.

Please note that the Trust's Child and Adolescent Mental Health Service (Solar) explicitly provides services to Children and Young People based in the Solihull area.

Solar is a secondary care service which accepts referrals from children, young people, and parents/carers themselves, alongside referrals from professionals.

For information on children and young people in receipt of CAMHS services in Birmingham, please redirect your request to Forward Thinking Birmingham Service which is hosted by Birmingham Women's and Children's Trust.