

## **FOI 0483/2025 Response**

- 1. What provision do you have for the population in your Trust area for the assessment, diagnosis and treatment of Arfid in children and young people?**

In Solihull there is an ARFID pathway which offers assessment and psycho-education we also run groups .

- 2. What provision do you have for the assessment, diagnosis and treatment of Arfid in adults?**

Please see attachment.

- 3. Do you fund specialist services for Arfid?**

The Trust do not have any dedicated funding for ARFID confirmed by the service.

- 4. How many children and young people under your Trust area have been diagnosed with Arfid in the last year (2024)**

11 (currently 15 undiagnosed patients on caseload for ARFID)

- 5. How many adults under your Trust area have been diagnosed with Arfid in the last year (2024)**

6 – please note that BSMHFT is not commissioned to take ARFID in the adults team, but we do assess and treat those with severe symptoms, so our numbers are small.

- 6. How many children and young people did you send out of area in 2024 to explore suspected Arfid, receive Arfid treatment or a diagnosis?**

NIL (0)

- 7. How many adults did you send out of area in 2024 to explore suspected Arfid, receive Arfid treatment or a diagnosis?**

NIL (0)

- 8. How many children under your Trust have been diagnosed with Arfid in each of the last five years? - 2020, 2021, 2022, 2023 (2024 will be answered above)**

Due to recoding issues there is no documented cases of ARFID prior to 2024

- 9. How many adults under your Trust have been diagnosed with Arfid in the last 5 years? (2020, 2021, 2022, 2023, 2024)**

Due to recoding issues there is no documented cases of ARFID prior to 2024

**10. Do you have a statement about your stance on Arfid or examples you would like to share of action you are taking to provide services in this area? (eg piloting Arfid services, any specialists in Arfid or research you are undertaking)**

Please refer to the attachment and note:

The Trust's Eating Disorders Service (TEDS) has been shortlisted for the [Health Service Journal \(HSJ\) award](#) in the Reducing Inequalities and Improving Outcomes for Children and Young People Award category.

The TEDS team was shortlisted for their work to co-develop and implement an innovative ARFID pathway that has been successful in early identification and effective intervention for those with ARFID and their families. They've transformed what was an isolating and distressing experience of care to one of hope and optimism, improving life chances for this group.