

## **FOI 0495 2025 Response**

### **Request**

Dear FOI Team,

I am writing to request information under the Freedom of Information Act 2000 regarding hospital admissions related to hiking injuries.

Please provide data for the past five calendar years (from 1 January [2020] to 31 January [2025]), broken down annually and 2025 so far, on the following:

#### **Hospital Admissions**

- The number of hospital admissions where the reason for admission was linked to hiking.
- If available, the number of admissions identified through:  
Text-based documentation (i.e., where "hiking" or a related term was explicitly mentioned in records).  
The ICD-11 for Mortality and Morbidity Statistics code XE5BS (Type of sport or exercise activity, hiking).  
The age and gender of those admitted.
- A brief description of the incident or injury, if recorded.

Please provide this data in an Excel spreadsheet (.xlsx) with separate sheets for each year.

If any part of this request is unclear or would require modification to ensure compliance, please let me know.

I look forward to your response within the 20-working-day timeframe as specified under the Act.

### **Response**

Please note that Birmingham and Solihull Mental Health Foundation Trust explicitly provide mental health services and do not provide physical healthcare like an Acute Trust.

Your request for information is therefore not applicable to the Trust.