

Mental Health Condition	Number of inpatients seen in 2024	Number of outpatients seen 2024	What proportion of outpatient appointments are delivered remotely?	Number of people waiting for treatment at the end of January 2025	Average waiting time for 1 st appointment
ADHD (Adults)		1703	53%	155	614
ADHD (CYP)		48	55%	9	605
Autism (Adults)					
Autism (CYP)					
Learning Disabilities (Adults)					
Learning Disabilities (CYP)					
Anxiety and Depression (Adults)		31987	56%	1261	26
Anxiety and Depression (CYP)		2175	19%	76	86
Eating Disorders (Adults)	48	396	17%	15	24
Eating Disorders (CYP)		185	4%	8	11
Early Intervention in Psychosis (Adults)		149	8%	1	6
Early Intervention in Psychosis (CYP)		26	5%	0	6

Please Note:

For ADHD, Eating Disorders and Early Intervention in Psychosis we are referring to activity within condition specific Services.

For Anxiety and Depression we do not have condition specific Services or Pathways, as such for these figures are based on activity of referrals to generic community teams where the referral reason has been specified as Anxiety or Depression.

We do not provide diagnostic services for Autism or LD. While some people within other services may also have Autism or LD, that would not be the mental health condition for which they are being treated.

The only condition specific inpatient setting is for adult Eating Disorders. As such inpatient information is restricted to that, with number seen being considered as number of patients open to that ward in that period. While people may be on other wards for anxiety or depression, we cannot determine if that was the primary reason for their admission.

CYP is defined as being under 18 at point of referral.

Average Waiting Time metric is in days.