

## **FOI 0100/2025 Response**

### **Request**

Dear Birmingham and Solihull Mental Health NHS Foundation Trust,

I would be grateful if you could please answer the following question.

In the last 12 months, how many unique patients have been treated for Insomnia (ICD-10 code G47.0) with the following products:

- 1). Zopiclone
- 2). Zolpidem
- 3). Any other Melatonin product

### **Response**

In the 12 months, financial years April 24 – May 25, there were 19 patients with a diagnosis of Insomnia (G47.0) who were treated with the listed medications.

The breakdown by medication was:

- 1). Zopiclone – 16 patients
- 2). Zolpidem – 1 patient
- 3). Any other Melatonin product – 4 patients

Note: two patients were prescribed two of the medications, hence the total by medication is greater than the overall patient total.