

FOI 037/2025 Request

- 1. Does Birmingham and Solihull Mental Health NHS Foundation Trust have specialist midwives dedicated to supporting women who use substances during the perinatal period? If so, please provide any documentation available for these services, such as referral guidelines, service protocols, or links to relevant webpages or online resources.**

Not in BSMHT. We liaise with Specialist Midwives employed within Maternity Services, which include Specialist Midwives for substance misuse or safeguarding, but there are no posts hosted by BSMHFT.

- 2. Are there any other dedicated services within Birmingham and Solihull Mental Health NHS Foundation Trust that have that provide care to women who use or are in treatment for substances during the perinatal period?**

The Trust's Community Perinatal Service will work with women who use or are in treatment for substances during the perinatal period, where there is a co-existing moderate to severe mental illness.

Treatment is provided for mental illness, psychological wellbeing and the impact of mental ill health on the mother-infant relationship.

Treatment is not provided directly for substance misuse, this is provided by partners in Change Grow Live (CGL) for Birmingham and SIAS (Solihull Integrated Addiction Services) in Solihull.

The Trust's perinatal service therefore will not work with women with a primary problem of substance misuse in the absence of moderate to severe mental illness.

BSMHFT are commissioned by Solihull Metropolitan Borough Council to provide addictions services as SIAS . There is no specific perinatal role within the SIAS service however, any perinatal cases that came forward would be prioritised as an urgent case.

Furthermore, in Wolverhampton NACRO are commissioned to provide addictions services of which BSMHFT are sub-contracted at Recovery Near You.

Part of the commissioning through Wolverhampton City Council does include a Senior Clinical Practitioner for Pregnant Women. They work specifically with perinatal women and link in with the perinatal midwifery team at New Cross and employed directly through BSMHFT.

Please provide details on the service, including:

- a. Who leads the service and which professionals are involved in delivering the care.**

BSMHFT lead the Community Perinatal Service. The service is provided by multi-disciplinary professionals including, psychiatrists, mental health nurses, clinical psychologists, social workers, occupational therapists and community nursery nurses.

b. Whether this service is a partnership between:

- i. NHS -**
- ii. Third sector organisations**
- iii. Local authority**
- iv. Other organisations**

There are working relationships between the BSMHFT Community Perinatal Service, Change Grow Live (CGL) in Birmingham, and SIAS in Solihull but no formal partnership.

c. If applicable, whether the service involves a manualised intervention, is an outreach service, or has a specific location.

Not applicable

d. Whether the service is provided by a national organisation, or any other relevant details.

Not applicable

e. Please provide any documentation, guidelines, or protocols related to these services, and/or any relevant URLs.

<https://www.bsmhft.nhs.uk/our-services/specialist-services/perinatal-mental-health-service/>
<https://www.sias-solihull.org.uk/>
<https://www.changegrowlive.org/drug-alcohol-service-birmingham>
<https://www.recoverynearyou.org.uk/>