

FOI 070 2025 Response

1 How many ADHD patients do you have currently?

**Restricted to patients in treatment, not those in the process of assessment.*

In Treatment	1715
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2 What percentage of current ADHD patients are prescribed stimulant medication?

**Includes Lisdexamfetamine, Methylphenidate Hydrochloride, and Dexamfetamine Sulfate. Excludes Atomoxetine and Melatonin.*

Proportion treatment patients prescribed stimulants	69%
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3 How many current ADHD patients have stopped taking stimulant medication since 2020?

The Trust is unable to provide a response to thos query due to the patients for whom the responsibility for medication is transferred, i.e medication responsbility is transferred to GP/Primary Care. These patients would remain open to BSMHFT, but would look like medication had ceased. We are unable to distinguish between cases like this and cases where the patient stopped taking medication.

4 Since 2020 how many ADHD patients were prescribed non-pharmacological treatment?

** A patient is counted once per activity per year.
Limited to activity recorded by the ADHD service, does not include any contact the patient may be having elsewhere within the Trust.
2025 data reflects activity up to 11/06/2025.*

Activity	2020	2021	2022	2023	2024	2025
Healthy Lifestyle	29	92	182	305	110	133
Signposting - Self-help or support group	11	53	16	36	104	8
Behaviour Modification/Reasonable Adjustment		2		1	177	19
Signposting - Therapeutic Intervention	7	4	5	8	85	70
Signposting - Health promotion/nutrition/smoking/exercise	9	24	13	19	56	
High Intensity or Specialist Intervention	82	24	11	3		
Signposting - Employment		3	1	3	16	
Signposting - Education/Training		2	2	7	6	2
Signposting - Physical activities	2	3		1		
Sleep Disorder	2	2		1		
Signposting - Community activities	1	1		1		
Sleep Disorder Triage			1			