

FOI 076/2025 Response

1. The number of individual patients treated in your trust who are diagnosed, either as a primary diagnosis or a co-morbid diagnosis, with the following mental health conditions/available categorisation over the past five years/available time period:

- Psychosis / Schizophrenia / Schizo-Affective Disorder
- Treatment Resistant Depression
- Bipolar / Cyclothymia / Hypomania
- Eating Disorders
- EUPD/CEN
- Other
- Diagnosis not recorded

Diagnosis	2020	2021	2022	2023	2024
Psychosis / Schizophrenia / Schizo-Affective Disorder	5496	5268	5245	5154	4952
Treatment Resistant Depression	2057	2032	2026	1821	1667
Bipolar / Cyclothymia / Hypomania	2302	2190	2208	2130	2029
Eating Disorders	346	342	304	321	378
EUPD/CEN	1632	1630	1815	1753	1592
Other	23635	23189	22937	23224	22929
None Recorded	28630	31871	33458	43064	48621

****Note:**

- Patients treated for more than one condition in a year may appear in more than one row.
- Patients treated in multiple years will be counted in each year they received treatment.

2. The total number of admissions in your trust involving the following mental health conditions/available categorisation, where individuals have been sectioned under the Mental Health Act over the past five years/available time period:

- Psychosis / Schizophrenia / Schizo-Affective Disorder
- Treatment Resistant Depression
- Bipolar / Cyclothymia / Hypomania
- Eating Disorders

- EUPD/CEN

- Other

- Diagnosis not recorded

Diagnosis	2020	2021	2022	2023	2024
Psychosis / Schizophrenia / Schizo-Affective Disorder	474	137	95	103	33
Treatment Resistant Depression	76	14	13	3	3
Bipolar / Cyclothymia / Hypomania	180	47	39	49	15
Eating Disorders	4	2		2	
EUPD/CEN	53	20	20	16	9
Other	368	93	58	67	19
None Recorded	313	1076	1062	1056	1098

3. Does your trust have a specialist care pathway, such as EIP (Early Intervention in Psychosis), that provides treatment for the following conditions:

- Bipolar/Cyclothymia/Hypomania

- Psychosis/Schizophrenia/Schizo-Affective Disorder

- EUPD/CEN

- Treatment resistant depression

- Eating Disorders

Yes, all these presentations are seen in CMHT, Mood on Track, Assertive Outreach, Steps to Recovery and ICRT as well as EIS.

The Trust has an early intervention pathway for eating disorders, called FREED which is a national programme.

The First Episode Rapid Early intervention for Eating Disorders (FREED) aims to give young people aged 16 to 25 rapid access to specialised evidence-based treatment in eating disorders. The pathway includes the following components:

- Engagement Call within 48 hour after the referral has been screened and determined that the patient's presentation is appropriate for the FREED pathway.
- An initial assessment to take place within 2 weeks of receipt of referral.
- Evidence-based Treatment to commence within 4 weeks of receipt of referral.

For further details please refer to the follow link: [FREED: First Episode Rapid Early Intervention for Eating Disorders](#)

Trust also has general and specific service provision for the above noted conditions that are all needs led, and informed by evidenced based practice.

All of the presentations (above noted conditions) are seen across the Trust services.

There are working groups, steering groups to ensure there are effective treatment pathways that are evidenced based alongside co-production, e.g. bipolar and psychosis working group, and the Personality and Complex Trauma Steering Group.

Additionally there is training and supervision to support staff providing care to patients for the noted conditions.

Furthermore, essential to this is good communication and interface between the different services that can assess, formulate and provide interventions that are needs led and evidence based to ensure effective service delivery. There are also more service specific interventions on offer e.g. for individuals with forensic histories.

4. If 'yes', please describe these care pathways.

Please see attachment.

5. If 'yes', please provide the estimated annual spend for said specialist care pathways for each year / available time period, providing the name of each service, from 2019 to 2025.

Please note that we are unable to provide a response to this query.

This is because we do not hold the data to the level of detail requested.